

# Occupational Following Spotlight on a Hidden Phenomenon

Inauguraldissertation zur Erlangung der Würde eines

Doctor rerum oeconomicarum

der Wirtschafts- und Sozialwissenschaftlichen Fakultät

der Universität Bern

vorgelegt von

Andri Koch

Bern, März 2018

Original document saved on the web server of the University Library of Bern



This work is licensed under a

Creative Commons Attribution-Non-Commercial-No derivative works 2.5 Switzerland license. To see the license go to

http://creativecommons.org/licenses/by-nc-nd/2.5/ch/ or write to Creative Commons, 171 Second Street, Suite 300, San Francisco, California 94105, USA.

# Copyright Notice

This document is licensed under the Creative Commons Attribution-Non-Commercial-No derivative works 2.5 Switzerland.

http://creativecommons.org/licenses/by-nc-nd/2.5/ch/

#### You are free:



to copy, distribute, display, and perform the work

#### Under the following conditions:



**Attribution.** You must give the original author credit.



Non-Commercial. You may not use this work for commercial purposes.



No derivative works. You may not alter, transform, or build upon this work.

For any reuse or distribution, you must take clear to others the license terms of this work.

Any of these conditions can be waived if you get permission from the copyright holder.

Nothing in this license impairs or restricts the author's moral rights according to Swiss law.

#### The detailed license agreement can be found at:

http://creativecommons.org/licenses/by-nc-nd/2.5/ch/legalcode.de

Die Fakultät hat diese Arbeit am 23.08.2018 auf Antrag der Gutachter Prof. Dr. Andreas Hack und Prof. Dr. Kerstin Alfes als Dissertation angenommen, ohne damit zu den darin ausgesprochenen Auffassungen Stellung nehmen zu wollen.

# Acknowledgements

Writing this dissertation thesis was a challenging project, and I would like to express my gratitude to all who supported me.

First and foremost, I would like to express my very sincere thanks to my first supervisor, Prof. Dr. Andreas Hack. He gave me the opportunity to write this thesis and supported me academically and emotionally. Andreas guided me with his expertise throughout the entire time when working on this thesis. I am also especial grateful to him for giving me the opportunities and encouraging me to attend various seminars and summer and winter schools. Without our inspiring and helpful discussions, this dissertation would not have been possible.

Furthermore, I would like to thank Prof. Dr. Kerstin Alfes for being my second supervisor and providing her time, expertise, and extensive knowledge as well as her encouragement.

I would also like to express my gratitude to all the people with whom I worked at the University of Bern. First and foremost, a special thank goes to Dr. Nils D. Kraiczy for the joint project, his time and his comments. Further thanks goes to former and actual colleagues, particularly to Ass. Prof. Dr. Julia K. de Groote, PD Dr. Thomas Köllen, Dr. Cristina Pratelli, Dr. Sabrina Schell, Dr. Alexandra Michel, Dr. Andrea Essl, Jessica Niedermair, Patrice Wyrsch, Angela Steffen, Mara Häusler, Adrian Ruchti, Max Portmann, Maruscha Heyner, and Lucian Hunger for their helpful suggestions, refreshing discussions, and assistance during the last years.

Above all, thanks goes to my family and friends. I would like to express my sincere gratitude to my beloved girlfriend, Lorena, for her unconditional love and continuous support. A special thanks to my parents, Ruth and Edgar, my brother, Simon, and his family, and to my sister, Stefanie, with her family for believing in me and their encouraged support and love. I dedicate this thesis to them.

## **Contents**

C	opyri	ght No	tice	i
A	cknov	wledge	ments	iii
C	onten	its		iv
Li	st of	Figures	3	viii
Li	st of	Tables		x
Li	st of	Abbrev	viations	xii
1	Intr	oductio	on	1
	1.1	Motiv	ration and Background	1
	1.2	Resea	rch Objectives	4
	1.3	Overv	view of the Thesis	8
2	The	oretica	l Foundations	10
	2.1	An U	nderstanding of the (Professional) Career	10
	2.2	Linkii	ng Career and Success to Career Success	15
	2.3	Termi	nology of Occupational Following	20
	2.4	The B	ig Five Career Theories	21
		2.4.1	Holland's Theory of Vocational Personalities and Work Environ-	
			ment	22
		2.4.2	The Theory of Work Adjustment	25
		2.4.3	Super's Developmental Theory	28
		2.4.4	Gottfredson's Theory of Circumscription and Compromise	31

		2.4.5	Social Cognitive Career Theory	33
3	Thi	rty Year	rs of Research on Career Success: A Systematic Literature Review	37
	3.1	Introd	luction	37
	3.2	A Cor	nmon Understanding of Career and Career Success	39
	3.3	Metho	odology	42
		3.3.1	Method for Reviewing	42
		3.3.2	Search Process	44
		3.3.3	Sample Description	46
	3.4	Analy	ses of the Identified Articles	75
		3.4.1	Geographical Lenses	75
		3.4.2	Methodological Lenses	75
		3.4.3	Theoretic Lenses	78
		3.4.4	Thematic Lenses	81
	3.5	Discus	ssion and Avenues for Future Research	96
		3.5.1	Gaps and Opportunities Stemming from Geographical Issues	97
		3.5.2	Gaps and Opportunities Due to Methodological Issues	98
		3.5.3	Gaps and Opportunities Due to Theoretic Issues	99
		3.5.4	Gaps and Opportunities Due to Thematic Issues	100
	3.6	Limita	ations, Contributions and Conclusion	103
4	Enh	ancing	Career Success: The Role of My Parents' Occupational Footsteps	5
	in N	1y Care	eer	105
	4.1	Introd	luction	105
	4.2	Theor	etical Framework and Hypotheses	109
		4.2.1	A Social Identity Approach	109
		4.2.2	A Social Capital Theory Approach	114
		4.2.3	A Signaling Theory Approach	119
		4.2.4	Hypotheses	122
	4.3	Metho	odology	125
		4.3.1	Sample	125

		4.3.2	Method	126
		4.3.3	Measures	127
	4.4	Empi	rical Findings	129
		4.4.1	Results	129
		4.4.2	Robustness	133
		4.4.3	Additional Insights	134
	4.5	Discu	ssion	135
	4.6	Limita	ations and Further Research	138
5	Doe	s the P	assion in the Occupational Follower Drive Subjective Career Suc	:-
	cess	?		140
	5.1	Introd	luction	140
	5.2	Theor	retical Framework	143
		5.2.1	Concept of Calling	144
		5.2.2	A Dualistic Model of Passion	146
		5.2.3	The Job Demands–Resources Model	149
	5.3	Нуро	theses	150
		5.3.1	Linking the Job Demands-Resource Model with the Concept of	
			Passion	151
		5.3.2	From Occupational Following to the Job Demands–Resource Mode	el1152
		5.3.3	The Mediating Role of the Job Demands–Resource Model	154
	5.4	Metho	od	155
		5.4.1	Sample	155
		5.4.2	Measures	156
	5.5	Resul	ts	158
		5.5.1	Analytical Procedure and Model Building	158
		5.5.2	Direct Influences	160
		5.5.3	Indirect Influences	160
		5.5.4	Further Evidences and Additional Findings	161
	5.6	Discu	ssion	162

	5.7	Limitations and Future Research	166
6	Con	clusion	168
	6.1	Thesis Summary	168
	6.2	Theoretical Implications	173
	6.3	Managerial Implications	174
	6.4	Suggestions for Future Research	176
Bi	bliog	raphy	180
Aj	ppen	dix A Applied Methodical Approaches	211
Aj	ppen	dix B Categorical System on Career Success	212
Aj	ppen	dix C Results Hypothesized Model	216
Aj	ppen	dix D Results Robustness Analysis	217
Aj	ppen	dix E Model Comparison	218
D	eclara	ation of Authorship	219

# **List of Figures**

1.1	Structure of the thesis	8
2.1	Objective and subjective elements of a hypothetical career	12
2.2	MDS model of career success	18
2.3	Holland's hexagonal structure	25
2.4	Theory of work adjustment	26
2.5	Adjustment process in the TWA	27
2.6	Super's archway model	29
2.7	Super's life-career rainbow	30
2.8	Gottfredson's model of circumscription and compromise	33
2.9	Career choice model of social cognitive career theory	35
3.1	Search process and study selection	45
3.2	Applied methods in career success research	77
3.3	Research types in career success research	78
3.4	Streams on a yearly base	79
3.5	IMO Framework of career success	82
3.6	Framework for future research and research questions	97
4.1	Structural holes and weak ties	117
4.2	Hypothesized model of OF effects on career success	126
4.3	Estimated standardized path coefficients of OF on OCS and SCS	131
4.4	Moderation analysis of OF and prestige on SCS	132
4.5	Moderation analysis of OF, prestige and age	133
5.1	Self-determination continuum	148

5.2	Job demands-resources model	150
5.3	Hypothesized mediation model for the influence of OF on WFI	155
6.1	Avenues for future research on occupational following	176

# **List of Tables**

2.1	Types of career concepts	14
2.2	Characteristics of objective and subjective career success	16
2.3	Description of MDS region	19
2.4	Degree of cccupational following	21
2.5	Characteristics of Holland's personality and environment types	24
3.1	Thesaurus-based search terms	43
3.2	Key questions and key findings of the reviewed articles	47
3.3	Published studies between 1990 and 2014 by region	76
3.4	Research streams in career success research	79
3.5	Attribution of measures to the other administered and self-managed	
	continuum of career success' dimensional system	85
4.1	Payoff matrix of a standard signaling game	121
4.2	Occupational follower's theoretical perspectives on career success	122
4.3	Mean and standard deviation	129
4.4	Correlation coefficients	130
4.5	Gender differences of OF effects on OCS and SCS	134
5.1	Mean, standard deviation and correlation coefficients	157
5.2	Model comparison and analysis of the mediation hypotheses	161
6.1	Key findings of this thesis	172
A.1	Applied methodical approaches	211
B.1	Studies draw on antecedents of career success	212

B.2	Studies draw on mediation of career success	214
<b>B.3</b>	Studies draw on moderation of career success	214
<b>B.4</b>	Studies draw on objective and subjective career success	215

## List of Abbreviations

AC Assessement Center

AIC Akaike Information Criterion
BIC Bayesian Information Criteria
CAAS Career Adapt-Abilities Scale
CD Coefficient of Determination
CFA Confirmatory Factor Analysis

CI Confidence Interval

**CNEF** Cross-National Equivalent File

df Degree of FreedomDMP Dualistic Model Passion

Ed.(s.) Editor(s)

**e.g. e**xemplia **g**ratia (for example)

et al. et alii (among others)
EU European Union

FWI Family Work Inference
 FWP Flexible Work Practices
 GMA General Mental Ability
 GSOEP German Socioeonomic Panel

HP Harmonious Passion HR Human Resources i.e. id est (that is)

ICC Interclass Correlation CoefficientILO International Labour OrganizationIMO Input Mediation/Moderation Output

IPO Input Process Output

ISCO International Standard Classification of Occupation

ID Job Demands

JD-R Job Demands–Resources Model

JR Job Resources

LMX Leader Member EXchange

MAR Missing At Random

MBA Master of Business AdministrationMCAR Missing Completely At RandomMDS Multi Dimensional Scaling Model

N Total Observation

n Sample Sizen/a not applicableNo. Number

No Number

**n.s. n**ot **s**ignificance

OCB Organizational Citizenship Behavior

OCS Objective Career Success

OF Occupational Following or Occupational Follower

**OP** Obsessive Passion

**PLOC** Perceived Locus Of Causality

**RQ** Research Question

SCCT Social Cognitive Career Theory
SCS Subjective Career Success

SCT Social Capital Theory
SD Standard Deviation

**SDCM** Self-Directed Career Management

SDT Self Determination TheorySEM Structural Equation Modeling

SES SocioEconomic Status
SHP Swiss Household Panel
SIT Social Identity Theory

**SLR** Systematic Literature Review

SOC Selection Optimization CompensationSRMR Standardized Root Mean Square Residual

ST Signaling Theory

TWA Theory of Work Adjustment WFI Work Family Inference

U.S. United States

USA United States of America

## Chapter 1

### Introduction

#### 1.1 Motivation and Background

Michael Jackson, Eero Saarinen, Liza Minelli, George W. Bush, Colin Hanks, and Michael and Cameron Douglas all share an important commonality; each followed in his or her father's or mother's occupational footsteps. Michael Jackson's father played in a band with his brother; Liza Minelli's mother, Judy Garland, became famous because of her role in the movie *The Wizard of Oz*; Eero Saarinen's father, Eliel Saarinen, was a famous architect who designed, among others, Helsinki's train station; George W. Bush followed his father George H. W. Bush and became the  $43^{rd}$  president of the United States; and Michael and Cameron Douglas came from a dynasty of actors. These are some examples of a vast list of children who followed in their fathers' or mothers' occupational footsteps, which is called occupational following and describes the phenomenon of a child following the father's or mother's professional footsteps (without considering any property issues). It seems that the mentioned examples were highly successful in their careers and their achievements.

Occupational following was and is not as unusual as one might think. In ancient Egypt, the son followed the father's occupation (van Heel, 2013). "It used to be common, if not expected, that a son would grow up and take over the family business or follow in his

<sup>&</sup>lt;sup>1</sup>Parents' property that is related to certain professions, e.g., a farmer's farm, affects individuals' job choices too (Blau & Duncan, 1967). That is, a child might choose to follow into a parent's occupation due to the possibility of succeeding and taking over the farm.

father's footsteps" (Laband & Lentz, 1983, p. 47). Also nowadays, it is a widespread phenomenon, for example, in a course for higher education, which I attended during my PhD study, five out of 12 of the participants were occupational followers. But it is not limited to certain occupations, in the year 2017, between 6.42% and 24.63% of Swiss people were occupational followers.<sup>2</sup>

There is continuous public interest on this topic, as evidenced by articles in newspapers and on the Internet. A short search revealed various articles in well-known newspapers and the web community, such as *The New York Times* (e.g., Proulx, 2017), *The Economist* (e.g., The Economist, 2011), *The Wall Street Journal* (e.g., Newmann and McGroarty, 2017), *Die Zeit* (e.g., Prengel, 2011), and *The Facebook Research Team* (e.g., Adamic and Filz, 2016). The authors of these articles are fascinated with the phenomenon of occupational following and consider differ aspects of it. For example, The Economist shows the transfer of power within a family to build up a dynasty of politicians in Sri Lanka (i.e., the father passes the government business to the son), and Die Zeit shows interest in the potential of high levels of conflict between follower and predecessor due to parental disapproval of children. Klaus Mann, son of famous writer Thomas Mann, committed suicide because of his father's missing support. And The Wall Street Journal discussed a success story of two brothers and their agriculture business, which they took over from their father. Hence, various aspects of the phenomenon of occupational following are of public interest.

The reason behind the phenomenon of occupational following is that the parents' career paths brought success to the individuals and their families, and so they should for the children, too. Therefore, family dynasties are found in all walks of life, such as lawyers (Laband & Lentz, 1985a), physicians (Tran et al., 2017), teachers (Rothland, König, & Drahmann, 2015), and politicians (Feinstein, 2010; Laband & Lentz, 1985b). However, we do not know if occupational followers were really successful. Could appearances be deceiving? Was Eero Saarinen successful because of his father or was he by chance also a brilliant architect? And why did he become an occupational follower;

<sup>&</sup>lt;sup>2</sup>Data are from the Swiss Household Panel (2016): the proportion depends strongly on the occupational classification used and its degree of detail, see Chapter 2.3 for more information.

what were his driving forces? On closer examination of occupational following, it becomes clear that it opens many questions, which are still hidden in the black box of occupational following.

Occupational following is a rarely investigated academic research subject. Research has concentrated on three areas: what drives youth to follow in their parents' occupational footsteps; how does the relationship between parents and child changes because of occupational following; and what is the occupational followers' benefits.

Interest in the first area is guided by questions about why someone follows in his or her mother's or father's footsteps. Parental and familial influences on children's occupational choices are studied. Pablo-Lerchundi, Morales-Alonso, and González-Tirados (2015) found influences of parents' occupations on children's occupational choices, while self-employed parents fostered children's entrepreneurial intentions. Tran et al. (2017) reported a strong family aggregation among physicians, psychologists, and psychotherapists. Physicians are a popular subject in studying occupational following; Voracek, Tran, Fischer-Kern, Formann, and Springer-Kremser (2010) discovered higher relative proportions of physicians' relatives in a sample of Austrian medical students than in the Austrian population. It seems that pressure from parents or family influences a child's decision to follow or not to follow. Another effect on the decision to follow or not could be the expected outcome. Laband and Lentz (1985b) argued that the transfer of human capital from parents to child through occupational following leads to a wage premium for followers in comparison with non-followers. But they found only little empirical evidence to support this argument. However, they did report other findings that underpin assumed success as a driver of the career decision. Through nepotism (Lentz & Laband, 1989), family name (such as in politics) (Laband & Lentz, 1985a), or self-recruiting within a profession such as law (Laband & Lentz, 1992), children would find jobs more quickly, which could be beneficial in increasingly competitive labor markets (Helbling & Kriesi, 2014).

The second area considers the interrelation of the occupational predecessor and follower. Occupational following can influence the parent-child relationship. Armstrong (2017) examined the influence of career women on their daughters' careers. She assumed that the mothers would fit best as role models for their daughters. But her findings indicated a negative influence of mothers as role models. A mother's success increased her daughter's doubts about her own career and decreased her self-confidence. Hence, occupational following effect mother's role as a good example.

The last area considers the consequences of occupational following. Although such consequences can appear on various levels, such as family, organization, and individual, only the individual level has been researched. As described above, Laband and Lentz (1985a) focused on the individual career outcomes of followers, but they did not find a statistically significant income surplus from following. Further research on the benefits of following is not yet available.

In conclusion, the first area, which focuses on the reasons for following, has been investigated relatively broadly, but the last two areas, which concentrate on the outcomes and the interrelations of predecessors and followers, have rarely been examined. Altogether, occupational following is a sparsely researched field; therefore, the main objective of this thesis is to investigate occupational following and shine a light on this hidden phenomenon. Supposing that occupational following has underlying reasons, the focus of this research lies on the benefits of occupational following as the main driver.

#### 1.2 Research Objectives

Few scholars have examined the phenomenon of occupational following and particularly its benefits. Laband and Lentz (1983, 1985a, 1992), Lentz and Laband (1989) have provided the major contribution. As outlined in Section 1.1, the research on this topic encompasses three perspectives or areas: occupational choice, the interrelationships of predecessors and followers, and benefits. The literature on occupational choice is the most distinct.

There are several reasons for the focus of this thesis on the last area. First, Laband and Lentz (1983) findings are questionable. Their main assumption was that occupational following is a transfer of parents' human capital to the children, whereby children will profit and exhibit higher incomes then non-followers. But, their findings can be challenged for two reasons. First, the coefficients of parental schooling, which were their proxy variables to measure the transfer of human capital, were not significant. Second, they split their sample into followers and non-followers and estimated the earning function for each subsample. The coefficients of the non-followers' earning function were then used to estimate the wage of followers based on their characteristics. The deviation of the actual with the estimated wage was then reported as a wage premium, but it was also statistically not significant. That is, they applied an interesting approach to examine the benefits of occupational following concerning objective career success, but because of their insignificant results, I have some concerns about their findings and believe that their results should be verified by additional studies. The second reason for my research's focus is that career success consists of objective and subjective dimensions; therefore, research on career success must include both dimensions (Heslin, 2005; Maurer & Chapman, 2013). Third, to the best of my knowledge, besides the mentioned studies, the outcomes of occupational following have not been explored. The benefits of occupational following are of particular interest, as they might describe the motivation for following and provide a basis for further research.

Therefore, the overall goal of this thesis is to explore the benefits of occupational following. As occupational decision making takes place on an individual's personal level, benefits should lay around this level. The decision of whether an individual follows in his or her parents' occupational footsteps or not mainly affects the individual's future work life and therefore the individual's work career. Thus, occupational following is the outcome of a career decision. This led me to the assumption that occupational following is a specific career path. One of the most important outcome variables of a career is career success (Baruch, Szücs, & Gunz, 2015). Hence, to understand occupational following as a career path, one has to explore career success. Therefore, the first

research question of this thesis states:

**Research Question 1:** Which antecedents, mediators, moderators, and consequences have been considered in past research on career success, and how were these factors examined?

Research question 1 examines the theoretical framework in which the benefits of occupational following are affiliated. Thus, its results will prepare the conditions for the research questions that follow. On the one hand, answering this question will throw light on career success and identify the main factors of influence to foster the understanding of a career's outcomes; on the other hand, it will define potential causations of career success, for which I should control in the subsequent investigations. Furthermore, this investigation will show whether occupational following and career success have already been examined in the extensive body of literature on career success.

In the past, various meta-analyses on the antecedents of career success have been conducted (e.g., Ng and Feldman, 2014a, Ghosh and Reio, 2013). As these studies focused on the quantitative and causal analyses, this study will qualitatively examine the antecedents, mediators, and moderators, and the related theoretical frameworks of career success. Furthermore, it will formulate open questions and provide avenues for future research on this topic.

Knowing that occupational following exists through all decades of human history, and led by the overall goal of this thesis, research question 2 states:

**Research Question 2:** Do occupational followers show higher career success than their non-follower colleagues because of their parents' occupations?

On the basis of research question 1, research question 2 examines occupational followers' career success — respectively, the benefit for which an occupational follower strives. That is, I will investigate whether occupational followers benefit in their careers from following in their parents' occupational footsteps and to what magnitude they profit. As described above, I assume that occupational followers consciously

make their decision to follow and that they will follow because of an expected benefit for their future career. In addition, my interest is driven by social cognitive career theory, which assumes that outcome expectations predict career development and therefore career choice (Lent, Brown, & Hackett, 1994; Swanson & Fouad, 2015).

Assuming that occupational followers benefit from following in their parents' footsteps, it is still unrevealed why someone would benefit. Therefore, the third research question emphasizes the individual and his or her fundamental reason for following and states:

**Research Question 3:** Why do occupational followers benefit from occupational following?

Research question 2 assumes that occupational followers benefit from following; therefore, I will investigate why they benefit. The underlying reason for research question 3 lies in the assumption that individuals are extrinsically or intrinsically motivated in their behavior and therefore are driven by perceived forces to act in certain ways (Ryan & Deci, 2000).

Research question 2 assumes that occupational followers benefit from following; therefore I investigate why they benefit. The underlying reason for research question 3 lies in the assumption that individuals are extrinsically or intrinsically motivated in their behavior and therefore are driven by perceived forces to act in certain ways (Ryan & Deci, 2000).

These research questions will be answered in three studies. The first study is a systematic literature review (Tranfield, Denyer, & Smart, 2003) of the antecedents, mediators, and moderators of career success and related theoretical and methodical issues that have been examined in previous empirical research (research question 1). Research questions 2 and 3 are addressed in two studies using weighted samples (Asparouhov, 2005) from the Swiss Household Panel by means of a structural equation model (Bollen, Tueller, & Oberski, 2013; Gefen, Straub, & Boudreau, 2000).

#### 1.3 Overview of the Thesis

The structure of this thesis is in response to research questions 1 through 3 and is shown in Figure 1.1. In Chapter 2, I provide the theoretical and terminological foundation of this thesis. Thus, I define the terms career, career success, and occupational following (Chapters 2.1 to 2.3), and then I describe the five big career theories (i.e., Holland's theory of vocational personalities and work environment, the theory of work adjustment, Super's developmental theory, Gottfredson's theory of circumscription and compromise, and social cognitive career theory), which present the environment of research on career topics (Chapter 2.4).

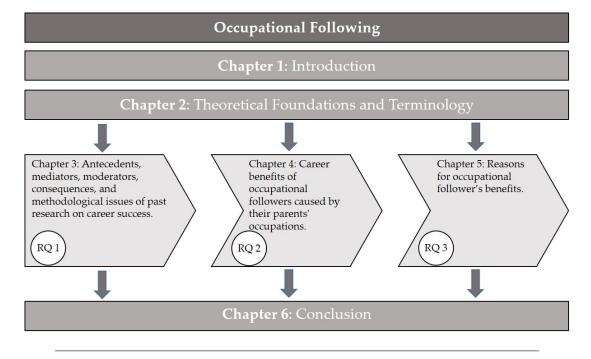


FIGURE 1.1: Structure of the thesis

Chapter 3 refers to research question 1. In doing this, I conduct a systematic literature review on career success over the past 30 years in top-ranked peer-review journals. After a short introduction, I build a common understanding of career and career success on which I build the search process (Chapter 3.2). In the methodological Chapter (3.3), I describe the applied method and show the research process before I outline the sample, which consists of 75 quantitative works. In the analysis part (Chapter

3.4), I examined identified studies through geographical, methodological, theoretical, and thematic lenses, where I developed a framework on antecedents, mediation, moderation, and consequences. These various perspectives provide in-depth insight into career success research. This study ends with the identification of research gaps and the formulation of ten opportunities for future research. Limitation and contribution are provided at the end.

Chapter 4 represents the first quantitative research study of this thesis, and it is mainly addressed with research question two. Against the backdrop of Chapter 3, I developed the theoretical idea and hypotheses (Chapter 4.2.4). They are based on social identity theory, social capital theory, and signaling theory. Findings from Chapter 3 led to using structural equation modeling in research on career success. Therefore, I shortly introduce this method and describe the sample of the Swiss Household Panel (Chapter 4.3.1). Based on the measurement and structural model, I tested the derived hypotheses in Chapter 4.4. Chapter 4.5 discusses these results with regard to the initial research questions. This article ends with limitation and contribution.

The second quantitative study (Chapter 5) refers to research question 3 and examines the reasons why occupational followers show benefits of following in their parents' footsteps. This study relies on the view of occupational following as a passion for work. Therefore, I describe related theoretical background (i.e., concept of calling, dualistic model of passion, and job-demand resources model) in Chapter 5.2 and develop the hypotheses in the subsequent Chapter 5.3. The hypotheses are tested on a weighted sample of the Swiss Household Panel in Chapters 5.5.2 to 5.5.3. The findings are discussed in the chapter that follows. Again, I consider limitations and contributions.

In the final chapter 6, I discuss the overarching findings of this thesis, their theoretical and managerial contributions, and opportunities for future research. Limitations were separately considered in each of the three studies.

## Chapter 2

### **Theoretical Foundations**

#### 2.1 An Understanding of the (Professional) Career

The definition of "career" might at first sight seem unambiguous, but this term suffers from surplus meaning so an exact definition is a challenging task. Generally, the term career could "refer to any social strand of any person's course through life" (Goffman, 1961, p. 127). This view leads to a broader understanding of career. Therefore, any person's history of a role could represent a career.

For the sociologist Hughes (1937, p. 409), a career consisted "of a series of status and clearly defined offices" and "the moving perspective in which the person sees his life as a whole and interprets the meaning of his various attributes, actions, and the things which happen to him." The key issue of his definition is the "moving perspective of time." This broad notion of the concept of a career is generally accepted. For an economist, a career could be considered the way of accruing human capital through education and experience over a lifetime (Adamson, Doherty, & Viney, 1998; Becker, 1975). Sociologists tend to view careers as social mobility consisting of a series of positions over time (Blau & Duncan, 1967; Lipset & Bendix, 1952) and an unfolding process over time of social roles to preserve the social order (Van Maanen & Barley, 1982). Other scientists such as psychologists view career as a matching of personality and vocation (e.g., French, Rodgers, and Cobb, 1974; Holland, 1973, 1997), and the psychologist Shepard described the spirit of a career as follows: "The central issue is a

life fully worth living. The test is how you feel each day as you anticipate that day's experience. The same test is the best predictor of health and longevity" (Shepard, 1984, p. 175). That is the career as fulfilment of one's own potential. From a traditional business perspective, a career is work-related through a reference to what people do for a living, where people work and which positions they occupy (Adamson, Doherty, & Viney, 1998).

Hall (1976) described four distinct meanings in which career is used. (I) Career as advancement—moving upward in organizations. This is a definition of career as a sequence of promotions and other upward moves. Such a move or promotion could be to a position with more responsibilities or to a "better" organization or location whereby the move is not subject to any occupational restrictions but it assumes the existence of a work-related hierarchy. This perspective of "up is good, down is bad" is a pervasive theme in a meaning of career. (II) Career as profession—a view of career that certain occupations represent careers while others do not. Career-occupations have clear patterns of systematic advancement, for example, legal professions, academics or doctors. These occupations are characterized by a generally understood path of career movement and regularized status passages—in which people regularly move from one status to another. (III) Career as a lifelong sequence of jobs—a person's career is described as his or her job history. Contrary to the first two meanings, this view describes a value-free judgment about the type of occupation, function, position or direction of the move; additionally, all people engaged in the labor market have careers. This is a very broad, neutral and value-free definition of career. (IV) Career as a lifelong sequence of role-related experiences—refers to the person's experience of his or her sequence of jobs and activities. Thus, the meaning of career depends on the observer's view.

Nevertheless, the four meanings above have certain underlying aspects in common. They highlight career's two-sidedness (Goffman, 1961). Generally, a career consists of two different dimensions (Hughes, 1937; Stebbins, 1970; Van Maanen & Schein, 1977; Barley, 1989; Arthur, Inkson, & Pringle, 1999; Sullivan & Baruch, 2009), driven by the

perception of career as structural property of an occupation or organization, or as property of an individual (Greenhaus, Callanan, & Godshalk, 2010). For example, Hall (1976) career as advancement and career as profession describes a view of career as structural property of an occupation or organization. In contrast, a career as a lifelong sequence of role-related experiences relates to a view of career as property of an individual. Both views should be considered as interdependent and mutually supportive constructs (Hughes, 1937; Barley, 1989; Greenhaus, Callanan, & Godshalk, 2010).

Figure 2.1 shows interdependencies of the objective and subjective experiences of a hypothetical career. Experiences in the objective part of the career are reflected in the subjective part, whereupon these subjective experiences lead to a certain behavior in the objective career, and so on.

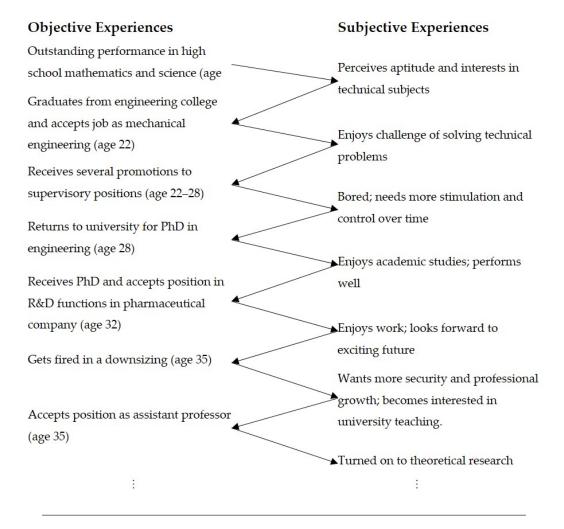


FIGURE 2.1: Objective and subjective elements of a hypothetical career (Greenhaus, Callanan, & Godshalk, 2010)

The objective career is a more externally oriented view, and the subjective career reflects an internal view. Hence, some researchers speak about internal and external careers while others prefer the expressions subjective and objective careers. The external career is led by a society's norms and "good and bad" behavior and is therefore more objective; conversely, an internal career reflects one's personal view, which is subjective in relation to other careers. Barley (1989, p. 49), expresses "a stream of more or less identifiable positions, offices, statuses, and situations that served as landmarks for gauging a person's movement through the social milieu" as the career's objective face. Objective career categories are defined by society and organizations to describe individuals' progression of steps (Schein, 1976; Van Maanen & Schein, 1977).

The subjective career refers to "the actor's recognition and interpretation of past and future events associated with a particular identity, and especially his interpretation of important contingencies as they were or will be encountered" (Stebbins, 1970, p. 34). Hence, an individual's subjective career makes up one's self-concept of one's own progression (Schein, 1976; Derr & Laurent, 1989) out of a myriad of perceptions, attitudes and experiences of holding positions, roles, functions and memberships (Greenhaus, Callanan, & Godshalk, 2010; Sullivan & Baruch, 2009).

In fact, three types of career concepts were well established (see Table 2.1). First, the traditional career refers to the most classic sense of career, whereby progression of working position is within the organizational hierarchy and takes place within the confines of one or two organization (Sullivan & Baruch, 2009). The society defines "a good" career in terms of norms, functions, responsibilities and positions (Tolbert, 1996). Second, the protean career describes a career in which the person and not the organization is in charge (Hall, 1976, 2004). The core values are freedom, growth and striving for psychological success (Hall, 2004; Sullivan & Baruch, 2009). A protean career is not restricted to a certain behavior, such as upward mobility, but it is rather an attitude toward the career (Briscoe & Hall, 2006). Third, the boundaryless career characterizes careers that are not bound and not tied to an organization (Arthur, Inkson, & Pringle, 1999). The boundaryless career is seen as the opposite of organizational careers (Arthur

	Traditional career	Protean career	Boundaryless career
Who's in charge?	Organization	Individual	Individual
Core values?	Advancement	Freedom, growth, value driven	Physical and/or psychological mobility
Degree of mobility	Low	High	High
Focus	Objective career	Subjective career	Subjective career
Success criteria	Position, level, salary	Psychological success	Perceived career suc- cess, perceived in- ternal marketability, and perceived exter- nal marketability
Key attitudes	Organizational commitment	Work satisfaction, professional commitment	Mobility, disconnected from single organizations and their existing career paths.

TABLE 2.1: Types of career concepts (Briscoe & Hall, 2006; Hall, 2004)

& Rousseau, 1996), with ambiguous organizational membership, departmental identity and job duties (Miner & Robinson, 1994). The protean and boundaryless career are distinct but overlapping concepts (Sullivan & Baruch, 2009). Differences are given in the value-driven forces of the protean career and the physical and/or psychological mobility of the boundaryless career (Briscoe & Hall, 2006). As seen in Table 2.1, a career could have different interpretations and the notion of career is an unfolding process parallel with changes occurring in society and environment (Arthur, Khapova, & Wilderom, Celeste P. M., 2005; Dries, Pepermans, & Carlier, 2008), such as globalization, expanding use of part-time and temporary employees, greater workforce diversity, growing technology and longevity (Sullivan & Baruch, 2009).

Nowadays, in the literature a consensus for a career definition can be found in the idea of the evolving sequence of a person's work experiences over time (Arthur, Hall, & Lawrence, 1989b; Greenhaus, Callanan, & Godshalk, 2010; Sullivan & Baruch, 2009), in which time is restricted to an individual's lifespan. This definition includes elements of both an objective career, such as job positions, job duties or activities and work-related decisions (Greenhaus, Callanan, & Godshalk, 2010), and a subjective career, such as interpretation of work-related events and feelings about work experiences. This notion

of career is not restricted to a particular profession, intraorganizational or interorganizational career path; therefore, it does not require any transitions or professional work roles. An understanding of career in this meaning fits with the changes in the work world. Where careers are no longer restricted to a unique organization, they are interrupted for reasons of further education, family duties, increasing percentages of part-time jobs and shorter functional tenure. In contrast to different views in the past (e.g., Hall, 1976, this working definition allows a career more facets, needed to cover the full spectrum of the meaning of career

#### 2.2 Linking Career and Success to Career Success

Talking about career success means first talking about success which possesses multiple connotations contingent on the context and corresponding notation of success (Baruch, Szücs, & Gunz, 2015; Adamson, Doherty, & Viney, 1998). Success is often defined as "the accomplishment of an aim or purpose" and "the attainment of fame, wealth, or social status" (Dictionaries, 2010). This rather broad meaning depicts the necessity of achieving something and the existence of an aim for success. In an archaic meaning, success could be good or bad (Dictionaries, 2010) and the origin of the word comes from the Latin verb succedere, which means "come close after" or "follow" (Dictionaries, 2010). Thus, success could either be understood in a positive sense or as a consequence. Most people would define it in the former sense, but it shows that success depends on the observer.

Jaskolka, Beyer, and Trice (1985, p. 189) describe success as an evaluative concept, which requires judges and criterion against which an outcome can be assessed. This evaluative concept is conditional on who does the judging and what the criteria are. Influences are, for example, the reference point used for the criterion (Salili & Mak, 1988; Heslin, 2003, 2005) or the judge's social class (Katz, 1964) and gender (Dyke & Murphy, 2006). Therefore, to cover all facets of career success, numerous social-science disciplines must be considered, including psychology, social psychology, organizational

behavior, sociology and economics, all of which give theoretical explanations of career success.

As explained above, Hughes (1937) and others (e.g., Schein, 1976; Van Maanen and Schein, 1977) elucidated the concept of an objective and subjective career. Hence, the term career success refer to the assessment of someone's criterion about his or her subjective and objective career (Poole & Langan-Fox, 1993; Ng, Eby, Sorensen, & Feldman, 2005) and should be evaluated in terms of subjective and objective components (Arthur, Khapova, & Wilderom, Celeste P. M., 2005; Ng, Eby, Sorensen, & Feldman, 2005). Objective career success (OCS) is implicitly judged by others (the society) on the basis of relatively objective and visible criteria, such as promotions or status level (Jaskolka, Beyer, & Trice, 1985; Judge, Cable, Boudreau, & Bretz, 1995). Objective indicators assume a "more is better" perspective (Seibert, 2006), for example a higher hierarchical position leads to more salary. However, subjective career success (SCS) reflects individual's personal judging about his/her career and related goals and expectations (Judge, Cable, Boudreau, & Bretz, 1995; Seibert & Kraimer, 2001). One's subjective indicators are not visible to the society. Table 2.2 gives a summary of the characteristics of objective and subjective career success.

TABLE 2.2: Characteristics of objective and subjective career success (Abele & Spurk, 2009a; Seibert, 2006; McDonald & Hite, 2008)

	OCS	SCS
Beholder	Society	Person
Comparison standard	Other referent	Self-referent or other referent
Tangible/intangible	Tangible	Tangible or intangible
Observable	Yes	No

Several researchers reveal a positive relationship between subjective and objective career success (e.g., Stumpf, 2014; Stumpf and Tymon Jr., Walter G., 2012, Judge, Cable, Boudreau, and Bretz, 1995) while others show that objectively successful individuals are not at all satisfied with their achievements (Korman, Wittig-Berman, & Lang, 1981). However, objective indicators are conceptually distinct from subjective indicators (Ng,

Eby, Sorensen, & Feldman, 2005; Greenhaus, Parasuraman, & Wormley, 1990; Judge, Cable, Boudreau, & Bretz, 1995) or only moderately correlated (Judge & Bretz, Robert D., 1994; Ng, Eby, Sorensen, & Feldman, 2005). In contrast to the concepts of objective and subjective career, the notions of objective and subjective career success have ambiguous interdependency (Abele & Spurk, 2009b). Also, the meaning for employees is more in terms of subjective than objective indicators (Eith, Stummer, & Schusterschitz, 2011), as the former is more important in terms of individuals' perceived career success (Poole & Langan-Fox, 1993; Korman, Wittig-Berman, & Lang, 1981). Therefore, a separate examination is needed (Korman, Wittig-Berman, & Lang, 1981; Gattiker & Larwood, 1989) that leads to a pure definition of the construct of career success.

This actual concept and the corresponding meaning of career success has dominated the research stream for years (Gunz & Heslin, 2005) although the different meaning (Adamson, Doherty, & Viney, 1998) and the need for a more fine-grained analysis (Heslin, 2005) of career success have been known for a long time (Poole & Langan-Fox, 1993). The present concept seems to imply a more traditional career, based on clear career advancement and a career path within large, bureaucratic organizations (Seibert, 2006). Different attempts have been undertaken to overcome this gap.

One branch of research addresses it by re-conceptualizing the existing construct to adapt it to present career models (e.g., boundaryless career; Arthur, Khapova, and Wilderom, Celeste P. M., 2005) or to a specific audience (young professionals; McDonald and Hite (2008), or by underpinning the context's mediation on the relationship of subjective and objective career success (Hall, 2005; Nicholson, Bobak, Murphy, Rose, & Marmot, 2005). For example, Arthur, Khapova, and Wilderom, Celeste P. M. (2005) report that young professionals' success ideals seem more wide-ranging, individualized and self-motivated than those of other generations. Another branch of research suggests a multidimensional model of career success with two dimensions (affect –achievement, inter-personal – intra-personal) and nine regions (Dries, Pepermans, & Carlier, 2008). The first branch affects and re-defines the condition of the present career success concept more than the concept itself. In contrast, the second

branch breaks up the basis of the present career success concept and reconstructs a more dynamic model.

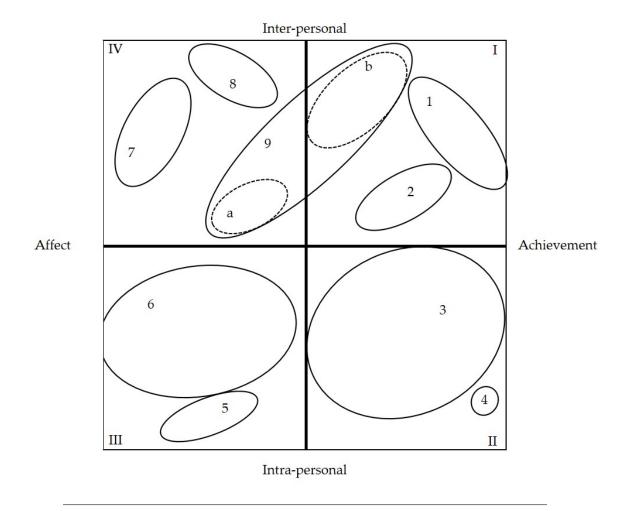


FIGURE 2.2: MDS Model of career success (Dries, Pepermans, & Carlier, 2008)

Figure 2.2 shows the multidimensional scaling (MDS) model of career success. (I) In this quadrant, factual accomplishments that characterize a career are described, with the actor's external world acting as validation. (II) In this quadrant, factual accomplishments validated by the actor's self are characterized. (III) Here career success constructs of feelings and perceptions of people, validated by the actor's self, are described. (IV) In the fourth quadrant, career success constructs of feelings and perception of people, validated by the actor's external world, are characterized.

The affect side of the affect-achievement dimension relates to feelings and perceptions of people which actors might have had during their career. The achievement end of

this dimension represents factual accomplishments characteristic of peoples' careers and factual contributions. The intra-personal aspect describes the career of an actor's inner world whereas the inter-personal side focuses on the outside world career that actors' engage in. Table 2.3 describes the nine regions of the MDS model.

TABLE 2.3: Description of MDS region (Dries, Pepermans, & Carlier, 2008, p. 260)

Region	No	Description
Performance	1	Success in terms of attaining verifiable results and meeting set goals
Advancement	2	Success in terms of progression and growing, both in terms of level and experience
Self-development	3	Success in terms of reaching one's full potential through self-management of challenges and learning experiences
Creativity	4	Success in terms of creating something innovative and extraordinary
Security	5	Success in terms of being able to meet one's financial and employment needs
Satisfaction	6	Success in terms of achieving personal satisfaction and happiness, both in the family and in the work domain
Recognition	7	Success in terms of being adequately rewarded and appreciated for one's efforts and talents
Cooperation	8	Success in terms of working well together with peers, superiors, subordinates and clients
Perceived contribution	9a	Success in terms of serving society through work, in an ethical way
Factual contribution	9b	Success in terms of contributing something tangible to the collective, for instance to an organization, as an individual

This model allows a more detailed view of the career success construct and a better understanding of the meaning of career success. This multidimensional model views career success more in term of a dynamic construct rather than a static entity (Savickas, 2005) and fits several other concept of earlier studies (e.g., Lee et al., 2006).

With regard to the next chapter, in which I conduct a systematic literature review, the definition follows the static notation of career success, because there exist no measure of the MDS model yet. Hence, the two ambiguous terms career and success come together and describe the judgment of an accumulated positive objective and psychological outcome of individuals' work-related experience (Seibert, 1999; Stumpf, 2014). In other words, career success could be seen as a function of past accomplishments and self-improvements (Rosenbaum, 1984). This definition covers both objective and subjective facets of career success and it accentuates their interdependency Also, it considers only work-related experiences and disregards individuals' other social experiences (e.g., family or friends).

### 2.3 Terminology of Occupational Following

A consistent use of the term *occupational following* (OF) is missing in the literature. Related terms are intergenerational transfer of occupation and occupational inheritance. Occupational inheritance gives more regard to an occupation's characteristics—that is, the term assumes a similarity between the precursor's and the follower's occupation. For example, Cutright (1968) defines occupational inheritance as staying in the same occupational stratum. This notation covers a more sociological view and leans on discussion of upward and downward mobility between social classes. Intergenerational transfer of occupation evolved from the work of Laband and Lentz (1985a) and relates to the human capital nature of earlier findings: theoretically, parents' investment in their own career is also an investment in their child's career, and offspring profit from the parents' expenditure.

I rely on the classification of occupations, which was developed by the International Labor Office (ILO), to define the similarity two occupations should exhibit to be defined as occupational followers. The ISCO classification system classifies occupations into 10 major, 28 sub-major, 116 minor, and 390 unit groups (ILO, 1988). Jobs are grouped into occupations and further aggregated into groups. Groups are based on

skills required to fulfill a job's tasks and duties. Therefore, to be accounted as occupational followers, occupations must match on the deepest level of the ISCO scale, that is on the detailed four-digit level (i.e., unit group level). Therefore, I denote an occupational following as *practicing an occupation in which the needed skills exactly match the needed skills of at least one parent's occupation*.

As explained above, this definition of occupational following depends on the degree of following. Table 2.4 shows an example of three different situations. In situation A, the child's occupation differs from the parents, whereas in situation B, they show some similarities and in situation C, they match exactly, which correspondent with my definition of occupational following.

Situation Child Parents

A Teacher at primary school Carpenter

B Teacher at primary school Teacher at high school

C Teacher at primary school Teacher at primary school

TABLE 2.4: Degree of occupational following

#### 2.4 The Big Five Career Theories

Five theories have been established in career research that are known as "the big five" (Leung, 2008). These theories differ according to their fundamental assumptions, which led to a group of person-fit theories, developmental theories, and reinforcement based theories (Osipow, 1990). Other theories, for example personality focused theories (such as psychoanalytic) do not count as one of the big five theories, because they lack operationalization (Osipow, 1990).

Person-fit theories consist of Holland's theory of vocational personalities and work environments (Holland, 1973, 1997), and the theory of work adjustment (Dawis, Lofquist, & Weiss, 1968), while Super's developmental theory (Super, 1953), and Gottfredson's theory of circumscription and compromise build the group of developmental theories.

The last big five career theory, social cognitive career theory (Bandura, 1977), can be seen as a reinforcement based theory. Person-fit theories focus on the fit between an individual's characteristics and career choice, whereas developmental theories consider career choices as a process instead of a single event. The reinforcement based theories focus on an individual's social learning and self-efficacy.

The subsequent sections describe the big five career theories and outline their meaning for career research, and the career paths.

### 2.4.1 Holland's Theory of Vocational Personalities and Work Environment

Holland's theory focuses on an individual's traits and their match with the (career) environment (Osipow, 1990). That is, trait-factor theory assumes that an individual's traits match an environment and that an individual would prefer an occupation or career paths with the highest matching scores. This assumption goes back to environmental psychology, in which findings have shown that research on individuals should also study the environment in which the individuals' interactions take place (Barker & Gump, 1964). Although this theory is denoted as fit theory, Holland was aware of the career life stage as he noted "persons with more information about occupational environments make more adequate choices than persons with less information" (Holland, 1959, p. 40–41). Therefore, Holland's theory could also be understood as circular and process oriented, in which individuals with more or less stable characteristics stay in an environment as long as the fit is positive. When an environment changes, the individuals review the match and move into a new environment (i.e., a new occupation or job) if necessary. Furthermore, this theory has the premise that individuals' characteristics and occupational characteristics are highly congruent, and therefore members of these occupations would have similar personalities (Swanson & Fouad, 2015).

This theory is based on four working assumptions. First, most individuals can be described as one of the six RIASEC types in Table 2.5; however an individual is not a

single type, but is rather more of a combination of various types with a leading type. Second, six environment types are analogous with the RIASEC types. Third, individuals prefer environments in which they can exercise their unique set of "skills and attitude, express their attitudes and values, and take on agreeable problems and roles" (Holland, 1997, p. 4). Fourth, the interaction of personality and environment produces an individual's behavior.

Holland proposed a hexagonal structure to show the resemblance of the six types, where the distance between the types is inversely proportional to their theoretical interrelations (Swanson & Fouad, 2015) (see Figure 2.3). That is, the commonalities of opposed types are smaller than those of adjacent types. For example, the type *enter-prising* is more social than *realistic*, but more *realistic* than *investigative*.

Four different constructs describe the relationship of the six types within individuals and environments or between individuals and environments. The first construct, congruence, refers to a full match of the environment's and the individual's type; for example, a realistic individual working in a realistic environment. High congruence is associated with job satisfaction among other aspects (Spokane, Meir, & Catalano, 2000). Differentiation, reflecting the second construct, denotes the degree of definition of an individual's interests. In other words, an individual clearly knows what he or she likes or dislikes. The third construct, consistency, applies to the coherence of an individual's interests. For example, an individual with interests that are realistic and investigative has more consistency than one with realistic and artistic interests. The last construct, identity, reflects the clarity and stability of an individual's identity (i.e., goals, interests). Differentiation, consistency, and identity can be used to describe individuals and environments. Based on these four constructs, one is able to provide estimations about an individual's outcomes. The higher the consistency, the higher the congruence, and therefore the higher the outcome.

The RIASEC types have been empirically tested in a wide variety of settings. However, researchers have found differences for gender (Fouad, 2002); for example, men scored higher on the realistic type and woman on social type. Furthermore, research found

TABLE 2.5: Characteristics of Holland's personality and environment types (Swanson & Fouad, 2015, p. 98-99)

Туре	Self-concept and values	Potential competencies	Typical work activities and environments
Realistic	Emotionally stable, reliable, practical, thrifty, persistent, shy, modest, uncomfortable talking about self, traditional values	Mechanical ability and ingenuity, problem solving with tools, machines, psychomotor skills, physical strength	Job with tangible results, operating heavy equipment, using tools, physical demands, fixing, building, repairing
Investigative	Independent, self- motivated, reserved, introspective, analytical, curious, task oriented, original, creative, non- conforming	Scientific ability, analytical skills, mathematical skills, writing skills, perseverance	Ambiguous or abstract tasks, solving problems through thinking, work- ing independently, sci- entific or laboratory set- tings, collecting or orga- nizing data
Artistic	Independent, nonconforming, self-expressive, intuitive, sensitive, emotional, impulsive, drawn to aesthetic qualities	Creativity, imagination, verbal-linguistic skills, musical ability, artistic ability	Creating artwork or per- forming, working inde- pendently, unstructured, flexible environments that allow self-expression
Social	Humanistic, idealistic, ethical, concerned for welfare of others, tactful, cooperative, generous, kind, friendly, cheerful, understanding, insightful	Social and interpersonal skills, verbal ability, teaching skills, ability to empathize with and understand others	Teaching, explaining, guiding, solving problems, leading discussions, educational, social service, and mental health organizations
Enterprising	Status conscious, ambitious, competitive, sociable, talkative, optimistic, energetic, popular, aggressive, adventuresome	Verbal skills related to speaking, persuading, selling, leadership skills, resilience, high energy, optimism, social and interpersonal skills	Selling, purchasing, leading, managing people and projects, giving speeches and presentations, financial, government, and political organizations
Conventional	Conscientious, persevering, practical, conservative, orderly, systematic, precise, accurate, careful, controlled	Efficiency, organization, management of systems and data, mathematical skills, attention to detail, perfectionism, operation of office machines	Organizing office procedures, keeping records and filing systems, writing reports, making charts, structured organizations with well-ordered chains of command

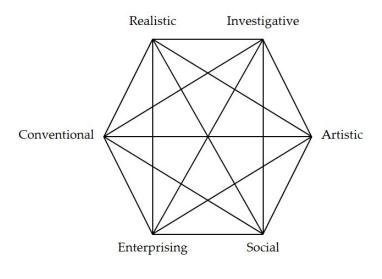


FIGURE 2.3: Holland's hexagonal structure (Swanson & Fouad, 2015)

effect sizes for race/ethnicity, such as the finding that Asian Americans scored higher on the investigative type (Fouad, 2002).

In conclusion, Holland's theory is one of the most applied in career research and career counseling, such as Nauta (2010, p. 11) stated that the "hallmarks of Holland's theory are its empirical testability and its user-friendliness."

### 2.4.2 The Theory of Work Adjustment

The theory of work adjustment (TWA) is another representative of person-fit theories. The TWA has many similarities with Holland's theory, but it differs on its focus; whereas Holland emphasizes career or occupational choice, the TWA looks more at adjustment. These theories are complementary, rather than competing or exclusive. Analogous with Holland, the TWA considers an individual's interaction with his or her work environment and its influences on work adjustment (Swanson & Gore, 2000). Figure 2.4 depicts the TWA.

On the one hand, the environment/job requires abilities to fulfill the job's and organization's requirements and on the other hand, an individual possesses the abilities and skills to satisfy these needs. The level of fulfillment of the environment's needs leads

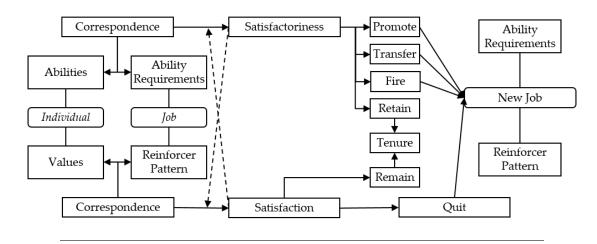


FIGURE 2.4: Theory of work adjustment (Swanson & Fouad, 2015)

to satisfactoriness. However, an individual has values and norms, which a job should meet. Six crucial values are defined: achievement, comfort, status, altruism, safety, and autonomy Dawis, England, and Lofquist (1964), Swanson and Fouad (2015). These values are addressed with the environment's reinforcer pattern, or in other words, with rewards. The match of an individual's values with the environment's rewards leads to the level of satisfaction. Therefore, the TWA strongly distinguishes between the fulfillment of the environment's needs (i.e., satisfactoriness) and those of the individual (satisfaction).

The degrees of satisfactoriness and satisfaction have different consequences. Once an individual is in a position, the environment (e.g., individual's manager) estimates the level of satisfactoriness and makes decisions about promotions, transfers, firing, or retaining; whereas promotions, transfers, and firing induce a new job, retaining prolongs job tenure. In the same manner, an individual evaluates his or her satisfaction with the offered rewards and decides whether to remain on the job or quit (which would again lead to a new job). That is, job tenure depends on the individual's satisfaction with the job and on his or her abilities to do the job (Swanson & Fouad, 2015). Furthermore, individuals with similar abilities can behave differently in the same work environment. Their reaction depends on their personality style, which is given through celerity, pace, rhythm, and endurance (Lofquist & Dawis, 1991). These styles can also be used to describe and distinguish environments from each another.

- **Celerity** refers to the speed an individual interacts with his or her environment and ranges from high/quickly to low/slowly.
- **Pace** denotes the intensity of an individual's interaction with the environment and is measured by his or her interaction rate.
- **Rhythm** indicates the pattern of the pace of interaction with the environment, for example, steady, cyclical, or erratic.
- **Endurance** is the ability to sustain interaction with the environment.

As described above, satisfaction decides whether an individual stays on the job or quits. Therefore, the TWA postulates a process of adjustment that occurs if an individual is dissatisfied with the fulfillment of his or her needs.

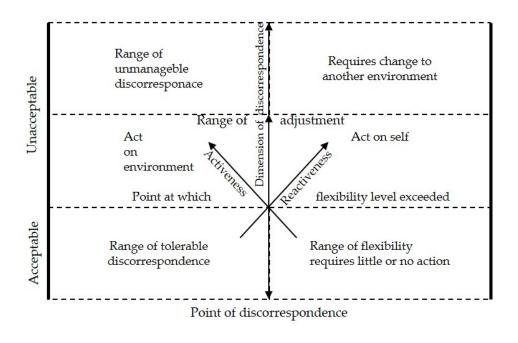


FIGURE 2.5: Adjustment process in the TWA (Swanson & Fouad, 2015)

At the bottom of Figure 2.5, there is no discorrespondence between an individual's needs and the environment's supply. Going up the figure, at some point the mismatch is too great, and the individual can no longer respond with flexibility and reaches a point of unacceptability. That is, the individual will start to adjust and move either into the activate mode or reactive mode. In the activate mode, the individual attempts to change the environment, for example, by enlarging the organization's rewards system.

However, in the reactive mode, the individual changes his or her own needs to better correspond with the environment's rewards. But if the discorrespondence exceeds a specified point, the mismatch cannot be adjusted and the individual moves to a new environment.

The TWA was found to predict subjective career success, measured with job satisfaction, if an individual highly fit with the environment (Judge & Bretz, Robert D., 1994), and the TWA was also found to be associated with tenure (Swanson & Gore, 2000). According to Swanson and Gore (2000), the relationship of correspondence and satisfaction and of satisfaction and job tenure is empirically supported. But, the moderator role of satisfaction and satisfactoriness does not have sufficient support and needs more evidence.

### 2.4.3 Super's Developmental Theory

In contrast to the previous theories, Super's developmental theory is characterized by viewing occupational choice as a process and not as a single event (Swanson & Gore, 2000). That is, occupational development is a cumulation of several decisions over the individual's life span that represent his or her self-concept (Swanson & Fouad, 2015). Super's theory considers an individual's development of abilities, interests, and values and the development of the individual's social environment. Similar to Holland's theory and the TWA, two dimensions must match. In Super's theory, this match is represented through the individual's self, which is shown in Figure 2.6.

The left-side pillar shows the development of the individual's personality and the right-side pillar concerns the individual's social environment. Both of them create the individual's self. The biographical-geographical foundations of human development are built as doorsteps and set the base on which an individual grows his or her self-concept (Super, 1990b). The pillars depend on each other, for example, values are influenced by an individual's family. The arc itself represents the individual's career, with development stages at each end and the individual as the central keystone in the

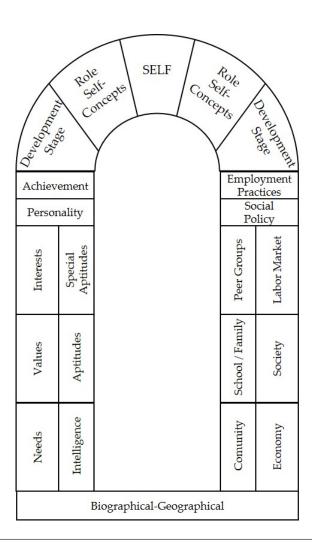


FIGURE 2.6: Super's archway model (based on Super, 1990b)

middle. Furthermore, Super emphasized the need for cement to hold the stones together; for him, the cement is learning theory. "Learning is the theory that explains the relationship of the segments of the career archway: social learning but also learning in encounters with objects, facts, and ideas" Super (1990b, p. 204). Through career and life experience, individuals learn and continuously update their self-concepts. Super illustrated the interaction of an individual's career and its role in society as a life-career rainbow (see Figure 2.7).

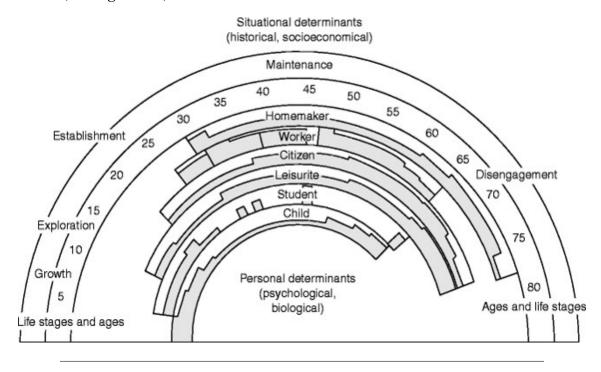


FIGURE 2.7: Super's life-career rainbow (Super, 1990b)

The outer ring of the rainbow, the life span, is the course of an individual's life with its major life stages: growth, exploration, establishment, maintenance, and decline. In each stage, an individual is challenged with specific requirements or tasks that should be fulfilled. Super proposed that successful coping with these requirements is conditional to an individual's career maturity — the "readiness to master the developmental tasks of each stage effectively" (Swanson & Fouad, 2015, p. 139) — or an individual's career adaptability — the "readiness to cope with changing work and work conditions" (Savickas, 1994, p. 58). Career adaptability gained attention in the research community as it emphasizes the individual's interaction with and reaction to the environment and changes in the environment. The transition between life stages is characterized

through a minicycle of growth, reexploration, and reestablishment (Swanson & Fouad, 2015). Each person fills life and career roles, which are shown within the rainbow as the life space. role. For example, in the exploration stage, between 10 and 15 years old, an individual has multiple roles to fulfill, a role as a child, and as a student, and he or she might start with a leisure activity. In conclusion, a fundamental characteristic of Super's theory is that occupational choice is a transfer or implementation of an individual's self-concept into working life (Swanson & Fouad, 2015).

### 2.4.4 Gottfredson's Theory of Circumscription and Compromise

Gottfredson's theory of circumscription and compromise is also a developmental theory that sees occupational choice as a process rather than a single event. Her key goal was to explain why an individual's occupational choices differ by gender, race, and social class (Gottfredson, 2005). Various career theories consider career choice as a matching event or process in which an individual chooses that occupation which best meets his or her needs and for which he or she possesses the most abilities to fulfill its requirements. To make this choice, individuals must first learn about the occupations and their attributes as well as their own self to determine if an occupation could result in a match (Gottfredson, 2005). For this reason, the focus of her theory lies more in the social self than in the psychological self (Swanson & Fouad, 2015). Gottfredson proposed four development processes to explain why differences of gender, race, and social class in occupational choice exist: cognitive growth, self-creation, circumscription, and compromise.

#### Cognitive growth

Occupational decision making is a cognitively demanding task. As Gottfredson (2005, p. 73) noted, six cognitive tasks are used: remember — learning facts; understand — understanding similarities and differences; apply — dealing with information; analyze — integrating information to assess the pros and cons of a decision or course of action;

evaluate—judging and making choices; and create — developing a plan to reach a goal. These tasks create an individual's cognitive map of occupations and self-concept.

#### Self-creation

The debate continues in the field of psychology whether human development is influenced by nature (genetic factors) or nurture (environmental influences) and how or if both interact or depend on each other. Gottfredson concluded that many characteristics are biologically based but that further development is driven by an individual's experiences through life. Therefore, an individual's self is manifested by behavior, belief, and feeling.

#### Circumscription

Gottfredson (2005) stated that occupational choice, or rather, a career choice, begins with a process of circumscription in which occupations that are incompatible with an individual's self-concept are eliminated. Children move through four stages of circumscription: in stage 1 (ages 3 to 5), they begin to classify others in terms of their size and power and they recognize that adults work. In stage 2 (ages 6 to 8), they recognize various occupations, especially those that are visible (e.g., teacher, police officer). Furthermore, they distinguish people by their attributes, with gender being the most salient. In stage 3 (ages 9 to 13), they become aware of social values and hierarchy. They also recognize occupations with tasks and duties that are not directly visible (e.g., secretaries, managers). At the age of 13, the prestige ranking of occupations is similar to those of adults. They identify social class and link the social class with people's living standards. In addition, they start to create acceptable boundaries of occupations to which they aspire, such as sex type or social class. In stage 4 (ages 14 and older), they start to think about which occupations or careers are compatible with their self-concept and correspond with their interests, abilities, and values.

#### Compromise

In the last process, individuals become realistic and begin to relinquish their most preferred occupation and focus on accessible ones. This step leads to the acceptance of less preferred alternatives (e.g., second or third choice).

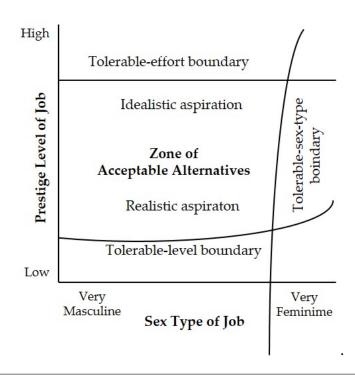


FIGURE 2.8: Gottfredson's model of circumscription and compromise (Swanson & Fouad, 2015)

Gottfredson's theory is illustrated in Figure 2.8. The zone of acceptable alternatives reflects an individual's self-concept. This zone is a compromise between an occupation's prestige level, sex type, and field of interest. The top line bounds an individual's tolerable effort level. This level describes how much an individual is willing to invest in an occupation (e.g., searching for information). The right-side boundary defines an individual's preferred occupation sex type and the bottom boundary the occupation's tolerable prestige level. The search for a compromise is established by the way in which the individual developed during childhood. That is, sex type was developed first and therefore would be likely to be compromised last. Hence, compromise starts with the field of interest and goes further along the level of prestige.

### 2.4.5 Social Cognitive Career Theory

The social cognitive career theory (SCCT) combines various elements of the previous theories and provides an understanding or holistic view of the jigsaw puzzle of career development. Hence, career development is described as a dynamic process, like in

a motion picture. The principle of the SCCT lies in Bandura (1986) social cognitive theory, which shows "the complex way in which people, their behavior, and their environment mutually influence one another" (Lent, 2005, p. 102) and determine outcomes.

The central constructs of the SCCT are self-efficacy — an individual's conception of his or her confidence in performing tasks (Swanson & Fouad, 2015, p. 177); outcome expectancies — beliefs about the consequences or outcomes of performing particular behavior (Lent, 2005, p. 104); and personal goals — an individual's intention to engage in a particular activity or to produce a particular outcome (Lent, 2005, p. 105). Bandura (1986) differs between outcome expectancies and self-efficacy. He noted that "efficacy and outcome judgments are differentiated because individuals can believe that a particular course of action will produce certain outcomes, but they do not act on that outcome belief because they question whether they can actually execute the necessary activities" (Bandura, 1986, p. 392). This differentiation is important as it strongly affects an individual's career choice.

In SCCT, three conceptually distinct interlocking process models describe the development of an individual's interests, the formation of occupational choices, and the nature and results of performance in career spheres (Lent, Brown, & Hackett, 1994). I will only focus on the career choice model, as it best reflects the nature of this thesis and encompasses most important parts of the other models.

The choice model (see Figure 2.9) proposes that people's inputs, such as predisposition, gender, race/ethnicity, and disability/health status, as well as background contextual affordances (e.g., barriers, support) affect an individual's learning experiences. For example, children from a higher social class probably travel more and therefore meet people from more cultures who use different languages, which influences their learning experiences. Learning experiences affect self-efficacy and outcome expectations. They both influence interests, which determine choice goals, which affect choice actions and therefore performance and performance attainment. Performing well in an occupation is a positive experience that in turn increases an individual's self-efficacy and outcome expectations.

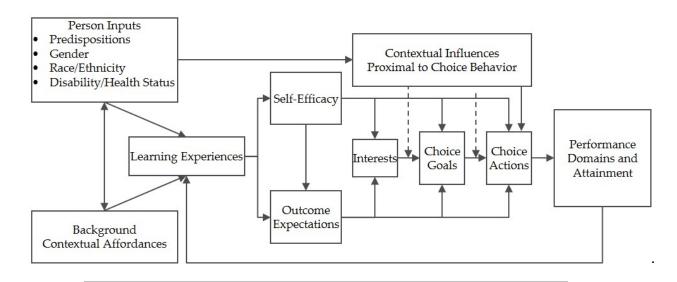


FIGURE 2.9: Career choice model of social cognitive career theory (Lent, Brown, & Hackett, 1994)

As initially described, the SCCT encompasses various aspects of the previously described theories. The influences of background contextual affordances reflect part of Gottfredson's theory, as well as the moderation effect of contextual influences on the effect of interest on choice goals. Both fit theories are shown through the feedback of performance on the learning experiences, which reflect the reevaluation of the current occupation and the matching of an individual's abilities with his or her environment. Hence, an environment that allows an individual to perform well in an occupation fits better with the individual's abilities and values than one in which performance is difficult.

This dissertation includes the following three articles:

#### **Article 1**

Koch, Andri (2018). Thirty Years of Research on Career Success: A Systematic Literature Review. Manuscript prepared for submission. pp. 37-104.

```
https://edit.cms.unibe.ch/unibe/portal/fak_wiso/a_bwl/inst_op/content/e39703/e373808/e769994/Koch2018-Workingpaper_Thirtyyearsofresearchoncareeger.pdf?preview=preview
```

#### Article 2

Koch, Andri (2018). Enhancing Career Success: The Role of My Parents' Occupational Footsteps in My Career. Manuscript submitted for publication. pp. 105-139.

```
https://edit.cms.unibe.ch/unibe/portal/fak_wiso/a_bwl/inst_op/content/e39703/e373808/e769993/Koch2018-Workingpaper_Enhancingcareersuccess_ger.pdf?preview=preview
```

#### **Article 3**

Koch, Andri (2018). Does the Passion in the Occupational Follower Drive Subjective Career Success? Manuscript prepared for submission pp. 140-167.

```
https://edit.cms.unibe.ch/unibe/portal/fak_wiso/a_bwl/inst_op/content/e39703/e373808/e769992/Koch2018-Workingpaper_Doesthepassionintheoccupatioger.pdf?preview=preview
```

# Chapter 6

# Conclusion

The final chapter of this thesis is structured as follows. First, I summarize the findings in relation to the initial questions. Second, I give theoretical and managerial implications. Third, I present avenues for future research.

### **6.1** Thesis Summary

In Chapter 1, I introduce the phenomenon of occupational following and give insights into present research on this theme. In the subsequent chapter, I explain the main research objective and related research questions. The chapter ends with an overview on the structure of the thesis.

Chapter 2 provides the theoretical and terminological foundation of this thesis. Thus, the terms career, career success, and occupational following are defined. Thereby, I consider different degrees of occupational following and discuss surplus meanings of careers in various disciplines and in works of life. Career success is defined to encompass objective and subjective dimensions. In the overall research discipline, in which this thesis is allocated, five theories have emerged — the so-called big five (Swanson & Fouad, 2015). Therefore, I outline each theory (i.e., Holland's theory of vocational personalities and work environment, the theory of work adjustment, Super's developmental theory, Gottfredson's theory of circumscription and compromise, and social cognitive career theory).

Chapter 3 refers to research questions one. That is, it examines which antecedents, mediators, moderators, and consequences have been considered in past research on career success and how these factors were investigated. To do that, I conducted a systematic literature review on career success over the past 30 years in top-ranked peer-review journals. The selection of the reviewed studies follows a pre-written review protocol, and the final sample consists of 75 studies.

For research question 1, I identify seven major dimensions to be counted as antecedents of career success. These dimensions are among individual and organizational levels. On the individual level, the dimensions socio-demographic, human capital, personality, and social capital are found. The organizational level consists of the dimensions' organization and environment. Last, objective and subjective career successes are identified to account for antecedents too, as they circuit themselves. For example, past objective career success impacts recent subjective career success (Stumpf, 2014).

These dimensions of antecedents are controlled by others or by individual selfs. That is, individuals do not have full control of their career success; others administer some influences, such as individuals' organizations, supervisors, families, or nature (e.g., gender). This contrasts those influences controlled by the individual's self. Self-controlled influences are summarized under the term career self-management — a multi-dimensional construct. The relations of those dimensions are shown in an IMO framework. Moderators completed this framework, as some studies investigated moderation effects.

Besides this thematic analysis, I examined the sample of the identified studies; it is shown that most research was conducted using a sample from the U.S. or Europe. Furthermore, through methodological lenses, I detected some concern regarding applied designs and analysis methods. In particular, some methods deny the multi-dimensional nature of career success; therefore, their findings are critical. The theoretic view revealed four research streams on career success. These streams are economic, management, psychological, and sociological. These findings are all shown in Figure 3.6. Various concerns lead to the development of ten research questions for future

research.

Chapter 4 relies on research question 2. That is, how and where could occupational followers benefit in their careers from their parents' occupations? Chapter 3 reveals the distinction between other administered and self-managed career success antecedents. The questions that arise in this context relate to whether occupational following serves as an adequate career self-management strategy.

To answer this question, it starts with the theoretical framework, which is based on the findings from Chapter 3. Therefore, to derive the hypotheses, I consider the economic stream by means of the signaling and social capital theory, and I rely on social identity theory of the sociological stream. In addition, the association of social identity theory with career success adds to the research gap and question of the finding of Chapter 3. The constructed theoretical framework shows that the benefit of occupational following depends on an individual's self view and on the view of an individual's environment. Social identity theory argues that an individual becomes familiar with specific occupational norms and behavior at a very early stage in life, due to parents' occupations. Additionally, they have the chance to benefit from the parents' occupational network. That is, on one hand, they profit from a rich network, whereby they have access to open positions; on the other hand, their expectations are more realistic and influence subjective career success. At the same time, the individual sends an inimitable signal to the future group, saying: 'I am one of you'. Receivers thereby identify an individual as an in-group rather than an out-group member, which results in high psychological and emotional acceptance within the group, which influences subjective career success.

Inquiries on occupational following or similar topics are often conducted on occupation with high prestige (e.g., physicians, teachers). Therefore, I additionally hypothesized a moderation that high-prestige occupation shows stronger effects on objective and subjective career success for occupational followers than for non-followers.

These hypotheses were tested on a weighted sample of 3,384 individuals from the

Swiss Household Panel. A structural equation model shows that occupational followers show higher subjective career success but do not have increased objective career success in comparison with non-followers. Furthermore, both moderation hypotheses were declined. The moderation of prestige on objective career success as well as on subjective career success were not significant. The p-Value of the moderation on subjective career success is about 0.11. Hence there might be a tendency that occupational followers in low-prestige occupations show higher subjective career success than non-followers. One reason for this unexpected result could be that low prestige occupations are more visible for followers; therefore, the process of perception is simpler; in contrast, high-prestige occupations are harder to understand, especially for children.

In Chapter 5, I address research question 3 and examine why an occupational follower benefits from occupational following. The previous study exposed higher subjective career success for occupational followers than for non-followers, but an empirical justification is missing for this result.

The thought of career self-management leads to the dualistic model of passion and the career as a calling. An individual who lives a career as a calling indicates higher career satisfaction (i.e., subjective career success). Passion was found to serve as one component of calling. Both constructs, calling and obsessive passion, are stimulated through external regulations, which, for an occupational follower, are given by parents' occupation-related influences on the child (see Chapter 4 for details). The dualistic model of passion states that passion could be harmonious or obsessive, depending on the internalization process. An autonomous internalization leads to a harmonious passion, and a controlled internalization causes an obsessive passion. Individuals with a harmonious passion differ from those with an obsessive passion in the way that the occupational aspect of life is important but does not overpower space, whereas obsessively passionate individuals face conflicts with other aspects of the self, especially other roles. Therefore, obsessive passion was found to account for work-family inference. Hence, I developed a model in which occupational following influences work-family inferences through mediation of job demands and job resources.

TABLE 6.1: Key findings of this thesis

	Research question 1 (Chapter 3)	Research question 2 (Chapter 4)	Research question 3 (Chapter 5)
Question	Which antecedents, mediators, moderators, and consequences have been considered in past research on career success and how were these factors examined?	How and where could an occupational follower benefit in his/her career from parents' occupa- tion?	Why does an occupational follower benefit from occupational following?
Findings	<ul> <li>Five dimensions (socio demographic, human capital, personality, social capital, organization and environment) were examined as antecedents, mediators, and moderators.</li> <li>Objective and subjective career successes serve as consequences.</li> <li>Design: Longitudinal or cross-sectional studies</li> <li>Method: Effect size analyses, regression analyses, or SEM</li> <li>Sample: U.S., Europe</li> </ul>	<ul> <li>OFs show higher subjective career success</li> <li>OFs can be seen as advanced career selfmanagement</li> <li>OFs benefit due to their sending signals (signaling theory) and their in-group status (social identity)</li> </ul>	<ul> <li>OFs follow their passion</li> <li>OFs' higher job demands are outweighed by higher job resources</li> </ul>

This model was analyzed with a weighted sample of 2,107 individuals from the Swiss Household Panel. Results indicate that the effect of occupational following on workfamily inference is fully mediated through job demands and job resources. The joint effect of job demands and job resources decrease the impact on work-family inferences in such a way that occupational followers no longer show higher work-family inferences. That is, occupational followers are highly passionate individuals who outweigh job demands through job resources. The findings of this thesis are summarized in Table 6.1.

### **6.2** Theoretical Implications

This thesis extends the previous research on career and career success and sets the phenomenon of occupational following in the context of existing literature. The first study adds to ongoing debate about advancement of career research (Baruch, Szücs, & Gunz, 2015; Savickas & Porfeli, 2012; Sullivan & Baruch, 2009), and it broadens the discourse among scholars on career success, as it lacks in Heslin (2005).

First, this study reveals four theoretical streams and shows the multi-theoretical characteristics of career success. However, Arthur, Hall, and Lawrence (1989a) mention eight different disciplines (psychology, social psychology, sociology, anthropology, economics, political science, history, and geography). Hence, this shows that the field of career research developed and scholars agreed on few theories of a unique discipline. This is in line with the need to develop theories to establish a discipline in academia (Shapira, 2011). Second, the results of study samples question the generalization of career-success research, as this is dominated by findings based on U.S. and European samples. Third, various scholars classify their variables for the purpose of their investigation into groups, though a manifold bunch of definitions arises. This study evolves five dimensions with respect to the identified work; thereby, it fosters common understanding of career success antecedents, and it sets out the basis for further research. Fourth, this study enriches the debate of career self-management (e.g., King, 2004), and it shows an increasing interest in this behavior, although individuals' options to proactively manage their own careers are limited.

The second study (Chapter 4) contributes to the extant literature in two ways. On one side, previous works of Laband and Lentz (1983) are repeated but could not be confirmed. Hence, I did not find evidence for higher objective career success of occupational followers as they do. But my findings reveal a pre-eminence of occupational followers concerning the subjective dimension. This conclusion endorses the trend away from objective dominance to the relevance of subjective career success (Abessolo, Hirschi, & Rossier, 2017; Hall & Chandler, 2005). Therefore, occupational following

could be an interesting career path. Occupational choice lies in individuals' responsibility, and therefore, occupational following is a first step into career self-management. On the other side, this article allows switching from the occupational choice discourse toward a performance and satisfaction-driven debate about an individual's occupation and the related career success. That does not imply the degrading relevance of the occupational choice process, but it sets the focus more on the outcome of such a decision. Furthermore, it supports congruent-related career theories (i.e., Holland's Theory of Vocational Personalities and Work Environments and The Theory of Work Adjustment).

The theoretical contribution of the second quantitative study (Chapter 5) is threefold. First, it identifies the underlying behavioral motive of the occupational follower that causes higher subjective career success compared to that of the non-follower. That is, occupational followers develop great passion for work and seek to implement their passion into their occupation, and thus into their work. Therefore this study distinguishes members of a group's occupational types as passionate individuals. Second, it contributes to a better comprehension of passion and its relation to calling. Calling lit- erature and those about passion developed independent. I accentuate the similarities of these constructs and show that they are highly associated. In particular, passion is one component of calling. Therefore, third, it is shown that occupational followers behave similarly to individuals with great passion for their occupation and therefore define their work activity as more of a calling. That is, occupational followers do have a calling and also live their calling, which leads to higher career commitment, work meaning, and job satisfaction (Duffy, Bott, Allan, Torrey, & Dik, 2012a).

### 6.3 Managerial Implications

This thesis contributes not only to the theoretical discourse but also has significance for practice. How my findings should be interpreted in the practical debate may lie in the eye of the beholder, but through my best effort, I draw three major contributions to support organizations, HR managers, and employees.

HR Managers should be sensible in relating to organizations' effects on individuals' career success. Job satisfaction drives firms' outcomes (Baruch & Gregoriou, 2017); therefore, it should be in an organization's interest to provide the best condition to boost individuals' career success. Table 3.5 gives an overview of an organization's actions affected by individuals' career success. Furthermore, it takes up the cudgels for recruiting existing employees' offspring. These workforces are familiar with the occupation-specific norms and behaviors. This recommendation is notable for recruiting employees in low-prestige occupations. A further surplus of recruiting occupational followers is the unpretentious integration of these employees into the existing workforce, as they are seen more as in-group members. In addition, such in-house recruiting shortens the recruiting process, whereby a bounded budget is freed and could be invested elsewhere. I also suggest organizations and HR managers scan for feelings of passion or undiscovered callings in their workforce and within job applicants. To live a calling and follow a passion enhances subjective career success. Therefore, it is advisable to promote individuals in living their callings, for example, through career development or trainings.

Employees receive advices supply on how to manage their career (see Table 3.5). Although the scope is limited, I do not suggest passing on the responsibility of one's own career to the organization or parents, but I propose focusing on those issues, which are under an employee's control. For example, if an organization does not offer a mentoring program, employees could self-initiate one. Furthermore, the best advice to existing employees is to follow your passion. Thus, job satisfaction will be increased, which accounts for life satisfaction, and possible role conflicts are diminished. My findings also guide youths' entry into their work lives. I recommend they consider parents' occupations in their occupational choices. The advantage of this is that they save search costs and do not have to evaluate a bunch of occupations. In addition, they might possess a comparative advantage over others; for example, depending on the occupations,

they may have occupation-related skills and competencies.

### 6.4 Suggestions for Future Research

Occupational following (OF), which is acknowledged to be a potential career path, is a little-researched field. Although this thesis highlights some aspects of the OF phenomenon, many facets are still unexplored and deserve additional investigation. Figure 6.1 suggests several avenues for future research. The outer ring in the illustration shows contextual opportunities for research, and the inner oval depicts several thematic possibilities. With respect to thematic avenues, I found opportunities for future research on three levels: organizational, family, and individual. Each level lies on the trigger's side of OF as well as on the side of consequences.

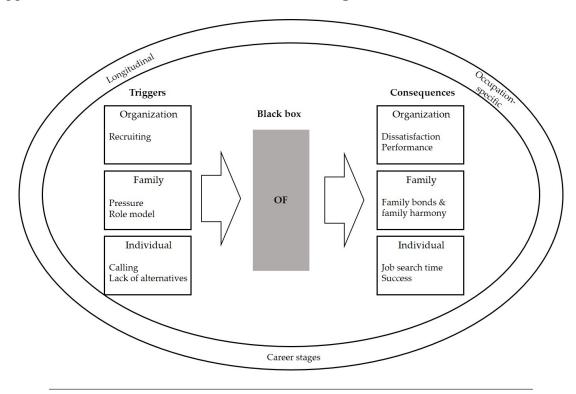


FIGURE 6.1: Avenues for future research on occupational following

Starting with the thematic possibilities, as I wrote in the earlier section on managerial implications, OF could serve as a recruiting source for organizations. For this reason, I

suggest an in-depth investigation into the organization's influence on an individual's OF decision.

In addition, because the family's influences on OF can be significant, the family level merits further exploration. For example, the family could exert pressure on an individual's career decision, especially in certain societies (see Gottfredson's Theory of Circumscription and Compromise and the social cognitive career theory in sections 2.4.4 and 2.4.5). On the other hand, family members might serve as role models. Researchers have noted a higher-than-average proportion of students with physician relatives in a class of medical students (Tran et al., 2017). Parents might influence an individual's decision to seek self-employment (Chlosta, Patzelt, Klein, & Dormann, 2012), and other family influences can affect an individual's career decision (Fouad, Kim, Ghosh, Chang, & Figueiredo, 2016). Thus, the family's ability to affect career decisions is known, but it is not clear under which circumstances an individual chooses a career path due to OF. For this reason, both family pressure and family role models are two possible influences that I recommend for additional examination.

Along with organizational and family influences, effects on the individual level could certainly trigger OF. In Chapter 5, I examined the driving forces behind OF and found passion to be one such force. I outlined the strong relationship between passion and calling, but I did not have sufficient data to determine whether OF is (or is not) a calling to a career. Also, when I spoke with individuals who had followed a family member's career choice, they often explained their decision as a lack of alternatives. This perceived lack of alternatives could be the result of a limited zone of acceptable alternatives (Gottfredson, 1981) or, as covered in Chapter 4, it could be due to the individual's social identity and related in-group preferences. Therefore, I deduce that triggers on the individual level would affect the OF black box and should be investigated in more detail.

Moving on to consequences — and the need for additional research about them — in Chapter 4, I showed that OF affects subjective judgments of career success in a positive way. There are other consequences on the organizational, family, and individual level.

Lentz and Laband (1989) found nepotism as one cause of the higher admission rate for doctors' children at medical schools, and found that nepotism creates job stress and drives dissatisfaction within the organization's staff (Pearce, 2015; Arasli & Tumer, 2008). Therefore, OF might also lead to dissatisfaction and lower performance within an organization. Hence, there might be a trade-off between my findings on individual success and organizational success, which suggests the need for further research.

On the family level, various factors could lead to strain between the predecessor and the follower, which could disturb family harmony and family bonds. For example, I briefly discussed the relevance of the reference point for an individual's evaluation of career success in Chapter 4. Specifically, the parent's success might indirectly affect the follower's perceived success. In addition, the story of Klaus and Thomas Mann showed strong inferences between father and son. Clearly, the consequences of OF on family bonds and family harmony require more investigation.

The need for future research on the individual level is twofold. First, I defined career success with both objective and subjective components, and these were strongly work-related. But individuals could also strive for non-work-related successes, such as achieving family goals. That is, non-work goals might become the individual's first priority. My findings from Chapter 5 tend to support such an assumption, as individuals are passion-driven and focused on life satisfaction.

Second, a potential lack of alternatives during the occupational decision-making process could shorten the decision time, and the availability of an enhanced occupational network (because of a parent's social capital) could enlarge an individual's job opportunities and decrease job search time. Both lead me to a recommendation for further research on the consequences to the individual.

Turning now to the contextual situation, which underpins many opportunities for future research, I derive three pathways from my research. First, all of my research to date is based on cross-sectional data, but a career spans considerable time. Therefore, I suggest longitudinal studies on occupational following. Second, the existing body

of literature on OF and similar research has considered specific occupations, but I did not distinguish between occupations. A multilevel approach on the occupational level would bring more insights and might reveal occupation-specific effects. Third, various career theories (such as Super's Developmental Theory and Gottfredson's Theory of Circumscription and Compromise) view a career as a life-long process in which occupations and jobs are subject to adjustments. Also, Chapter 4 revealed an age effect on OF with respect to subjective career satisfaction. This leads me to conclude that the triggers and the consequences of OF might depend on an individual's career stage. Therefore, future research should encompass the possible effects derived from the stage of an individual's career.

# **Bibliography**

- Abele, Andrea E. and Daniel Spurk (2009a). "How do objective and subjective career success interrelate over time?" In: *Journal of Occupational and Organizational Psychology* 82.4, pp. 803–824.
- (2009b). "The longitudinal impact of self-efficacy and career goals on objective and subjective career success". In: *Journal of Vocational Behavior* 74.1, pp. 53–62.
- Aberson, Christopher L., Michael Healy, and Victoria Romero (2000). "Ingroup bias and self-esteem: A meta-analysis". In: *Personality and Social Psychology Review* 4.2, pp. 157–173.
- Abessolo, Marc, Andreas Hirschi, and Jérôme Rossier (2017). "Work values underlying protean and boundaryless career orientations". In: *Career Development International* 22.3, pp. 241–259.
- Adamic, Lada and Ismail Onur Filz (2016). *Do jobs run in families?* URL: https://research.fb.com/do-jobs-run-in-families/(visited on 01/25/2018).
- Adamson, Stephen J., Noeleen Doherty, and Claire Viney (1998). "The meanings of career revisited: Implications for theory and practice". In: *British journal of management* 9.4, pp. 251–259.
- Akerlof, George A. (1970). "The market for lemons; Quality, uncertainty and the market mechanism". In: *The quarterly journal of Economics* 84.3, pp. 488–500.
- Akkermans, Jos and Maria Tims (2017). "Crafting your career: How career competencies relate to career success via job crafting". In: *Applied Psychology* 66.1, pp. 168–195.
- Allen, Davina (2014). "Re-conceptualising holism in the contemporary nursing mandate: From individual to organisational relationships". In: *Social science & medicine* 119.0, pp. 131–138.

- Allport, Gordon W. (1979). The nature of prejudice. New York: Basic books.
- Alm, James and Benno Torgler (2006). "Culture differences and tax morale in the United States and in Europe". In: *Journal of Economic Psychology* 27.2, pp. 224–246.
- Antonakis, John et al. (2010). "On making causal claims: A review and recommendations". In: *The Leadership Quarterly* 21.6, pp. 1086–1120.
- Arasli, Huseyin and Mustafa Tumer (2008). "Nepotism, favoritism and cronyism: A study of their effects on job stress and job satisfaction in the banking industry of north Cyprus". In: *Social Behavior and Personality: an international journal* 36.9, pp. 1237–1250.
- Armstrong, Jill (2017). *Like mother, like daughter?: How career women influence their daughters' ambition*. Bristol: Policy Press. ISBN: 1447334086.
- Arthur, Michael B., Douglas T. Hall, and Barbara S. Lawrence (1989a). "Generating new directions in career theory: The case for a transdiciplinary approach". In: *Handbook of Career Theory*. Ed. by Michael B. Arthur, Douglas T. Hall, and Barbara S. Lawrence. Cambridge: Cambridge University Press, pp. 7–25.
- eds. (1989b). Handbook of Career Theory. Cambridge: Cambridge University Press.
- Arthur, Michael B., Kerr Inkson, and Judith Pringle (1999). *The new careers: Individual action and economic change*. London: Sage. ISBN: 0761959327.
- Arthur, Michael B., Svetlana N. Khapova, and Wilderom, Celeste P. M. (2005). "Career success in a boundaryless career world". In: *Journal of Organizational Behavior* 26.2, pp. 177–202.
- Arthur, Michael B. and Denise M. Rousseau (1996). *The boundaryless career: A new employment principle for a new organizational era*. Oxford University Press. ISBN: 0195149580.
- Aryee, Samuel, Yue Wah Chay, and Hwee Hoon Tan (1994). "An examination of the antecedents of subjective career success among a managerial sample in Singapore". In: *Human Relations* 47.5, pp. 487–509.
- Ashby, Julie S. and Ingrid Schoon (2010). "Career success: The role of teenage career aspirations, ambition value and gender in predicting adult social status and earnings". In: *Journal of Vocational Behavior* 77.3, pp. 350–360.

Asparouhov, Tihomir (2005). "Sampling weights in latent variable modeling". In: *Structural equation modeling* 12.3, pp. 411–434.

- Bakker, Arnold B. and Evangelia Demerouti (2007). "The job demands-resources model: State of the art". In: *Journal of Managerial Psychology* 22.3, pp. 309–328.
- (2008). "Towards a model of work engagement". In: *Career Development International* 13.3, pp. 209–223.
- (2014). "Job demands-resources theory". In: Wellbeing 3, pp. 1–28.
- Bakker, Arnold B. et al. (2011). "Applying the job demands–resources model to the work–home interface: A study among medical residents and their partners". In: *Journal of Vocational Behavior* 79.1, pp. 170–180.
- Balliet, Daniel, Junhui Wu, and Carsten K. W. De Dreu (2014). "Ingroup favoritism in cooperation: A meta-analysis". In: *Psychological bulletin* 140.6, pp. 1556–1581.
- Bandura, Albert (1977). Social learning theory. Prentice-Hall Englewood Cliffs, NJ.
- (1986). Social foundations of thought and action: A social cognitive theory. Prentice-Hall,
   Inc. ISBN: 013815614X.
- Barker, Roger G. and Paul V. Gump (1964). *Big school, small school: High school size and student behavior*. Palo Alto CA: Stanford U. Press.
- Barley, Stephen R. (1989). "Careers, identities, and institutions: The legacy of the Chicago school of sociology". In: *Handbook of career theory* 41, pp. 41–65.
- Baron, Reuben M. and David A. Kenny (1986). "The moderator–mediator variable distinction in social psychological research: Conceptual, strategic, and statistical considerations". In: *Journal of personality and social psychology* 51.6, pp. 1173–1182.
- Bartlett, C. and Sumantra Ghoshal (2013). "Building competitive advantage through people". In: *Sloan Management Review* 43.2, pp. 34–41.
- Baruch, Yehuda, Myrtle P. Bell, and David Gray (2005). "Generalist and specialist graduate business degrees: Tangible and intangible value". In: *Journal of Vocational Behavior* 67.1, pp. 51–68.
- Baruch, Yehuda and Andros Gregoriou, eds. (2017). *The impact of people management: Employees' satisfaction role in predicting financial performance*. Vol. 2017. Academy of Management Proceedings.

Baruch, Yehuda, Nóra Szücs, and Hugh Gunz (2015). "Career studies in search of theory: The rise and rise of concepts". In: *Career Development International* 20.1, pp. 3–20.

- Bauer, Talya N. et al. (2007). "Newcomer adjustment during organizational socialization: A meta-analytic review of antecedents, outcomes, and methods". In: *Journal of Applied Psychology* 92.3, pp. 707–721.
- Becker, Gary S. (1975). *Human Capital: A theoretical and empirical analysis with special reference to education*. 3rd ed. Chicago: The University of Chicago Press.
- Behson, Scott J. (2002). "Which dominates? The relative importance of work–family organizational support and general organizational context on employee Outcomes". In: *Journal of Vocational Behavior* 61.1, pp. 53–72.
- Ben-Ner, Avner et al. (2009). "Identity and in-group/out-group differentiation in work and giving behaviors: Experimental evidence". In: *Journal of Economic Behavior & Organization* 72.1, pp. 153–170.
- Benz, Matthias and Bruno S. Frey (2008). "Being independent is a great thing: Subjective evaluations of self-employment and hierarchy". In: *Economica* 75.298, pp. 362–383.
- Berg, Justin M., Adam M. Grant, and Victoria Johnson (2010). "When callings are calling: Crafting work and leisure in pursuit of unanswered occupational callings". In: *Organization Science* 21.5, pp. 973–994.
- Bettencourt, B. et al. (2001). "Status differences and in-group bias: A meta-analytic examination of the effects of status stability, status legitimacy, and group permeability". In: *Psychological bulletin* 127.4, pp. 520–542.
- Billiet, Jaak B. and McKee J. McClendon (2000). "Modeling acquiescence in measurement models for two balanced sets of items". In: *Structural equation modeling* 7.4, pp. 608–628.
- Bird, Rebecca Bliege and Eric Alden Smith (2005). "Signaling theory, strategic interaction, and symbolic capital 1". In: *Current anthropology* 46.2, pp. 221–248.

Blau, Gary (2007). "Does a corresponding set of variables for explaining voluntary organizational turnover transfer to explaining voluntary occupational turnover?" In: *Journal of Vocational Behavior* 70.1, pp. 135–148.

- Blau, Peter M. (1957). "Occupational bias and mobility". In: *American Sociological Review* 22.4, pp. 392–399.
- Blau, Peter M. and Otis Dudley Duncan (1967). *The American occupational structure*. New York: John Wiley & Sons.
- Blau, Peter M. et al. (1956). "Occupational choice: A conceptual framework". In: *Industrial and labor relations review*, pp. 531–543.
- Blickle, Gerhard, Katharina Oerder, and James K. Summers (2010). "The impact of political skill on career success of employees' representatives". In: *Journal of Vocational Behavior* 77.3, pp. 383–390.
- Blickle, Gerhard, Alexander H. Witzki, and Paula B. Schneider (2009a). "Mentoring support and power: A three year predictive field study on protégé networking and career success". In: *Journal of Vocational Behavior* 74.2, pp. 181–189.
- Blickle, Gerhard, Alexander Witzki, and Paula B. Schneider (2009b). "Self-initiated mentoring and career success: A predictive field study". In: *Journal of Vocational Behavior* 74.1, pp. 94–101.
- Blustein, David L. (2008). "The role of work in psychological health and well-being: A conceptual, historical, and public policy perspective". In: *American Psychologist* 63.4, pp. 228–240.
- Bollen, Kenneth A., Stephen J. Tueller, and Daniel Oberski, eds. (2013). *Issues in the structural equation modeling of complex survey data*. Proceedings of the 59th World Statistics Congress.
- Bonet, Rocio (2014). "High-involvement work practices and the opportunities for promotion in the organization". In: *Industrial Relations: A Journal of Economy and Society* 53.2, pp. 295–324.
- Boudreau, John W., Wendy R. Boswell, and Timothy A. Judge (2001). "Effects of personality on executive career success in the United States and Europe". In: *Journal of Vocational Behavior* 58.1, pp. 53–81.

Bourdieu, Pierre (1983). "Ökonomisches Kapital, kulturelles Kapital, soziales Kapital". In: *Soziale Ungleichheit*. Ed. by Reinhard Kreckel. Soziale Welt, pp. 183–198.

- Bozionelos, Nikos (2004a). "Mentoring provided: Relation to mentor's career success, personality, and mentoring received". In: *Journal of Vocational Behavior* 64.1, pp. 24–46.
- (2004b). "The relationship between disposition and career success: A British study".
   In: *Journal of Occupational & Organizational Psychology* 77.3, pp. 403–420.
- Brents, Barbara G. (1986). "Policy intellectuals, class struggle and the construction of old age: The creation of the social security act of 1935". In: *Social science & medicine* 23.12, pp. 1251–1260.
- Brewer, Marilynn B. and Kathleen P. Pierce (2005). "Social identity complexity and outgroup tolerance". In: *Personality and Social Psychology Bulletin* 31.3, pp. 428–437.
- Bridges, William P. and Wayne J. Villemez (1986). "Informal hiring and income in the labor market". In: *American Sociological Review*, pp. 574–582.
- Briscoe, Jon P. and Douglas T. Hall (2006). "The interplay of boundaryless and protean careers: Combinations and implications". In: *Journal of Vocational Behavior* 69.1, pp. 4–18.
- Briscoe, Jon P., Douglas T. Hall, and Rachel L. Frautschy DeMuth (2006). "Protean and boundaryless careers: An empirical exploration". In: *Journal of Vocational Behavior* 69.1, pp. 30–47.
- Brown, Charles and James L. Medoff (1989). "The employer size-wage effect". In: *The Journal of Political Economy* 97.5, pp. 1027–1059.
- Brown, Rupert (2000). "Social identity theory: Past achievements, current problems and future challenges". In: *European Journal of Social Psychology* 30.6, pp. 745–778.
- Brummelhuis, Lieke L. ten and Arnold B. Bakker (2012). "A resource perspective on the work–home interface: The work–home resources model". In: *American Psychologist* 67.7, pp. 545–556.
- Budig, Michelle J., Joya Misra, and Irene Boeckmann (2016). "Work–family policy tradeoffs for mothers? Unpacking the cross-national variation in motherhood earnings penalties". In: *Work and Occupations* 43.2, pp. 119–177.

Bunderson, J. Stuart and Jeffery A. Thompson (2009). "The call of the wild: Zookeepers, callings, and the double-edged sword of deeply meaningful work". In: *Administrative Science Quarterly* 54.1, pp. 32–57.

- Burt, Ronald S. (2009). *Structural holes: The social structure of competition*. Cambridge: Harvard university press. ISBN: 0674029097.
- Byrne, Zinta S., Bryan J. Dik, and Dan S. Chiaburu (2008). "Alternatives to traditional mentoring in fostering career success". In: *Journal of Vocational Behavior* 72.3, pp. 429–442.
- Byron, Kristin (2005). "A meta-analytic review of work–family conflict and its antecedents". In: *Journal of Vocational Behavior* 67.2, pp. 169–198.
- Campbell, Angus, Philip E. Converse, and Willard L. Rodgers (1976). *The quality of American life: Perceptions, evaluations, and satisfactions*. New York: Russell Sage Foundation. ISBN: 1610441036.
- Campbell, Donald T. (1958). "Common fate, similarity, and other indices of the status of aggregates of persons as social entities". In: *Behavioral science* 3.1, pp. 14–25.
- Campbell, Nancy K. and Gail Hackett (1986). "The effects of mathematics task performance on math self-efficacy and task interest". In: *Journal of Vocational Behavior* 28.2, pp. 149–162.
- Campion, Michael A., Lisa Cheraskin, and Michael J. Stevens (1994). "Career-related antecedents and outcomes of job rotation". In: *Academy of Management Journal* 37.6, pp. 1518–1542.
- Cardon, Melissa S. et al. (2009). "The nature and experience of entrepreneurial passion". In: *Academy of Management Review* 34.3, pp. 511–532.
- Carraher, Shawn M., Sherry E. Sullivan, and Madeline M. Crocitto (2008). "Mentoring across global boundaries: An empirical examination of home- and host-country mentors on expatriate career outcomes". In: *Journal of International Business Studies* 39.8, pp. 1310–1326.
- Caudroit, Johan et al. (2011). "Predictors of work/family interference and leisure-time physical activity among teachers: The role of passion towards work". In: *European Journal of Work and Organizational Psychology* 20.3, pp. 326–344.

Chen, Juan (2011). "Internal migration and health: Re-examining the healthy migrant phenomenon in China". In: *Social science & medicine* 72.8, pp. 1294–1301.

- Chlosta, Simone et al. (2012). "Parental role models and the decision to become self-employed: The moderating effect of personality". In: *Small Business Economics* 38.1, pp. 121–138.
- Chudzikowski, Katharina (2012). "Career transitions and career success in the 'new' career era". In: *Journal of Vocational Behavior* 81.2, pp. 298–306.
- Colakoglu, Sidika N. (2011). "The impact of career boundarylessness on subjective career success: The role of career competencies, career autonomy, and career insecurity". In: *Journal of Vocational Behavior* 79.1, pp. 47–59.
- Coleman, James S. (1990). *Foundations of social theory*. Harvard university press. ISBN: 0674312260.
- Connelly, Brian L. et al. (2011). "Signaling theory: A review and assessment". In: *Journal of management* 37.1, pp. 39–67.
- Converse, Patrick D. et al. (2012). "Controlling your environment and yourself: Implications for career success". In: *Journal of Vocational Behavior* 80.1, pp. 148–159.
- Cook, Deborah J., Cynthia D. Mulrow, and R. Brian Haynes (1997). "Systematic reviews: Synthesis of best evidence for clinical decisions". In: *Annals of internal medicine* 126.5, pp. 376–380.
- Costa, Paul T. and Robert R. McCrae (1992). "Four ways five factors are basic". In: *Personality and Individual Differences* 13.6, pp. 653–665.
- Cox, Taylor H. and Celia V. Harquail (1991). "Career paths and career success in the early career stages of male and female MBAs". In: *Journal of Vocational Behavior* 39.1, pp. 54–75.
- Cutright, Phillips (1968). "Occupational inheritance: A cross-national analysis". In: *American journal of Sociology* 73.4, pp. 400–416.
- Damon, William, Jenni Menon, and Kendall Cotton Bronk (2003). "The development of purpose during adolescence". In: *Applied Developmental Science* 7.3, pp. 119–128.
- Dasgupta, Nilanjana (2004). "Implicit ingroup favoritism, outgroup favoritism, and their behavioral manifestations". In: *Social Justice Research* 17.2, pp. 143–169.

Dawis, René V., George W. England, and Lloyd H. Lofquist (1964). *A theory of work adjustment*. Ed. by University of Minnesota. Minneapolis.

- Dawis, René V., Lloyd H. Lofquist, and David J. Weiss (1968). "A theory of work adjustment: A revision". In: *Minnesota studies in vocational rehabilitation* 23.15.
- Day, Rachel and Tammy D. Allen (2004). "The relationship between career motivation and self-efficacy with protégé career success". In: *Journal of Vocational Behavior* 64.1, pp. 72–91.
- Deaux, Kay (1996). "Social identification". In: *Social Psychology*. Ed. by Tory E. Higgins and Arie W. Kruglanski. New York: The Guilford Press, pp. 777–798.
- Deci, Edward L. and Richard M. Ryan (2000). "The what and why of goal pursuits: Human needs and the self-determination of behavior". In: *Psychological Inquiry* 11.4, pp. 227–268.
- Deci, Edward L. et al. (1994). "Facilitating internalization: The self-determination theory perspective". In: *Journal of Personality* 62.1, pp. 119–142.
- Demerouti, Evangelia and Arnold B. Bakker (2011). "The job demands-resources model: Challenges for future research". In: *SA Journal of Industrial Psychology* 37.2, pp. 1–9.
- Demerouti, Evangelia et al. (2001). "The job demands-resources model of burnout". In: *Journal of Applied Psychology* 86.3, pp. 499–512.
- Derr, C. Brooklyn and Andre Laurent (1989). "Theoretical and cross-cultural perspective". In: *Handbook of career theory*, pp. 454–471.
- Dictionaries, Oxford (2010). Oxford dictionaries. (Visited on 03/18/2018).
- Dik, Bryan J. and Ryan D. Duffy (2009). "Calling and vocation at work: Definitions and prospects for research and practice". In: *The Counseling Psychologist* 37.3, pp. 424–450.
- Dobrow, Shoshana R., ed. (2004). *Extreme subjective career success: A new integrated view of having a calling*. Vol. 2004. Academy of Management Proceedings.
- (2013). "Dynamics of calling: A longitudinal study of musicians". In: *Journal of Organizational Behavior* 34.4, pp. 431–452.
- Dougherty, Thomas W. et al. (2013). "Mentor status, occupational context, and protégé career outcomes: Differential returns for males and females". In: *Journal of Vocational Behavior* 83.3, pp. 514–527.

Dries, Nicky, Roland Pepermans, and Olivier Carlier (2008). "Career success: Constructing a multidimensional model". In: *Journal of Vocational Behavior* 73.2, pp. 254–267.

- Duckworth, Angela L. et al. (2007). "Grit: Perseverance and passion for long-term goals". In: *Journal of personality and social psychology* 92.6, pp. 1087–1101.
- Duffy, Ryan D. and Bryan J. Dik (2013). "Research on calling: What have we learned and where are we going?" In: *Journal of Vocational Behavior* 83.3, pp. 428–436.
- Duffy, Ryan D., Bryan J. Dik, and Michael F. Steger (2011). "Calling and work-related outcomes: Career commitment as a mediator". In: *Journal of Vocational Behavior* 78.2, pp. 210–218.
- Duffy, Ryan D. and Robert W. Lent (2009). "Test of a social cognitive model of work satisfaction in teachers". In: *Journal of Vocational Behavior* 75.2, pp. 212–223.
- Duffy, Ryan D. et al. (2012a). "Perceiving a calling, living a calling, and job satisfaction: Testing a moderated, multiple mediator model". In: *Journal of Counseling Psychology* 59.1, pp. 50–59.
- Duffy, Ryan D. et al. (2012b). "The construction and initial validation of the work volition scale". In: *Journal of Vocational Behavior* 80.2, pp. 400–411.
- Duffy, Ryan D. et al. (2014). "Examining predictors and outcomes of a career calling among undergraduate students". In: *Journal of Vocational Behavior* 85.3, pp. 309–318.
- Dyke, Lorraine S. and Steven A. Murphy (2006). "How we define success: A qualitative study of what matters most to women and men". In: *Sex Roles* 55.5-6, pp. 357–371.
- Eccles, Jacquelynne S. and Allan Wigfield (2002). "Motivational beliefs, values, and goals". In: *Annual review of psychology* 53.1, pp. 109–132.
- Eith, Thilo K., Harald Stummer, and Claudia Schusterschitz (2011). "Career success perception and work-related behaviour of employees in geriatric care—a pilot study in a German geriatric care facility". In: *Scandinavian journal of caring sciences* 25.1, pp. 45–52.
- Eurostat (2015). Employment Statistics. URL: http://ec.europa.eu/eurostat/statistics-explained/index.php/Employment\_statistics#Further\_Eurostat\_information (visited on 11/02/2015).

Evans, Martin G., Hugh P. Gunz, and Jalland, R. Michael (1997). "Implications of organizational downsizing for managerial careers". In: *Canadian Journal of Administrative Sciences/Revue Canadienne des Sciences de l'Administration* 14.4, pp. 359–371.

- Feinstein, Brian D. (2010). "The dynasty advantage: Family ties in congressional elections". In: *Legislative Studies Quarterly* 35.4, pp. 571–598.
- Fiegen, Ann Manning (2010). "Systematic review of research methods: The case of business instruction". In: *Reference Services Review* 38.3, pp. 385–397.
- Fink, Arlene (2013). *Conducting research literature reviews: from the Internet to paper*. Los Angeles: Sage Publications. ISBN: 1483323773.
- Forret, Monica L. and Thomas W. Dougherty (2004). "Networking behaviors and career outcomes: Differences for men and women?" In: *Journal of Organizational Behavior* 25.3, pp. 419–437.
- Fouad, Nadya A. (2002). "Cross-cultural differences in vocational interests: Betweengroup differences on the strong interest inventory". In: *Journal of Counseling Psychology* 49.3, pp. 283–289.
- Fouad, Nadya A. et al. (2016). "Family influence on career decision making: Validation in India and the United States". In: *Journal of Career Assessment* 24.1, pp. 197–212.
- French, John R. P., Willard Rodgers, and Sidney Cobb (1974). "Adjustment as personenvironment fit". In: *Coping and adaptation*, pp. 316–333.
- Frey, Bruno S. and Reto Jegen (2001). "Motivation crowding theory". In: *Journal of Economic Surveys* 15.5, pp. 589–611.
- Fugate, Mel, Angelo J. Kinicki, and Blake E. Ashforth (2004). "Employability: A psychosocial construct, its dimensions, and applications". In: *Journal of Vocational Behavior* 65.1, pp. 14–38.
- Gattiker, Urs E. and Laurie Larwood (1989). "Career success, mobility and extrinsic satisfaction of corporate managers". In: *The Social Science Journal* 26.1, pp. 75–92.
- (1990). "Predictors for career achievement in the corporate hierarchy". In: *Human Relations* 43.8, pp. 703–726.

Gefen, David, Detmar Straub, and Marie-Claude Boudreau (2000). "Structural equation modeling and regression: Guidelines for research practice". In: *Communications of the Association for Information Systems* 4.1, pp. 2–76.

- Gerlitz, Jean-Yves and Jürgen Schupp (2005). Zur Erhebung der Big-Five-basierten persoenlichkeitsmerkmale im SOEP.
- Gerth, Hans H. and C. Wright Mills (1946). *From Max Weber: essays in sociology*. New York: Oxford University Press.
- Ghosh, Rajashi (2014). "Antecedents of mentoring support: A meta-analysis of individual, relational, and structural or organizational factors". In: *Journal of Vocational Behavior* 84.3, pp. 367–384.
- Ghosh, Rajashi and Thomas G. Reio Jr. (2013). "Career benefits associated with mentoring for mentors: A meta-analysis". In: *Journal of Vocational Behavior* 83.1, pp. 106–116.
- Ginzberg, Eli (1951). "Toward a theory of occupational choice". In: *Readings in guidance*. Ed. by William L. Hitchcock and N. Kemp Mabry. New Jersey, pp. 74–77.
- Goffman, Erving (1961). *Asylums: Essays on the social situation of mental patients and other inmates*. Garden City, New York: Anchor Books Doubleday & Company, Inc.
- Gottfredson, Linda S. (1981). "Circumscription and compromise: A developmental theory of occupational aspirations". In: *Journal of Counseling Psychology* 28.6, pp. 545–579.
- (2005). "Applying Gottfredson's theory of circumscription and compromise in career guidance and counseling". In: *Career development and counseling*. Ed. by Steven D. Brown and Robert W. Lent. New Jersey: John Wiley & Sons Inc, pp. 71–100.
- Granovetter, Mark S. (1973). "The strength of weak ties". In: *American journal of Sociology*, pp. 1360–1380.
- (1995). *Getting a job: A study of contacts and careers*. Chicago: University of Chicago Press. ISBN: 0226305813.
- Greenhaus, Jeffrey H., Gerard A. Callanan, and Veronica M. Godshalk (2010). *Career management*. Thousand Oaks, California: Sage Publications Inc. ISBN: 1412993334.

Greenhaus, Jeffrey H., Saroj Parasuraman, and Wayne M. Wormley (1990). "Effects of race on organizational experiences, job performance evaluations, and career outcomes". In: *Academy of Management Journal* 33.1, pp. 64–86.

- Gunz, Hugh P. and Peter A. Heslin (2005). "Reconceptualizing career success". In: *Journal of Organizational Behavior* 26.2, pp. 105–111.
- Hall, Douglas T. (1976). *Careers in organizations*. Pacific Palisades, California: Goodyear Pub. Co.
- (2004). "The protean career: A quarter-century journey". In: *Journal of Vocational Behavior* 65.1, pp. 1–13.
- Hall, Douglas T. and Dawn E. Chandler (2005). "Psychological success: When the career is a calling". In: *Journal of Organizational Behavior* 26.2, pp. 155–176.
- Hall, Douglas T. and Philip H. Mirvis (1995). "The new career contract: Developing the whole person at midlife and beyond". In: *Journal of Vocational Behavior* 47.3, pp. 269–289.
- Hall, Edward (2005). "The 'geneticisation' of heart disease: A network analysis of the production of new genetic knowledge". In: *Social science & medicine* 60.12, pp. 2673–2683.
- Hamori, Monika and Maria Kakarika (2009). "External labor market strategy and career success: CEO careers in Europe and the United States". In: *Human Resource Management* 48.3, pp. 355–378.
- Haro, Jose-Manuel de, Juan-Luis Castejón, and Raquel Gilar (2013). "General mental ability as moderator of personality traits as predictors of early career success". In: *Journal of Vocational Behavior* 83.2, pp. 171–180.
- Hart, Chris (1998). *Doing a literature review: Releasing the social science research imagination*. London: Sage. ISBN: 0761959750.
- Hartung, Paul J., Erik J. Porfeli, and Fred W. Vondracek (2005). "Child vocational development: A review and reconsideration". In: *Journal of Vocational Behavior* 66.3, pp. 385–419.
- Haslam, S. Alexander et al. (2005). "Taking the strain: Social identity, social support, and the experience of stress". In: *British Journal of Social Psychology* 44.3, pp. 355–370.

- Häuberer, Julia (2011). Social Capital Theory. Wiesbaden: Springer.
- Helbling, Marc and Hanspeter Kriesi (2014). "Why citizens prefer high-over low-skilled immigrants. Labor market competition, welfare state, and deservingness". In: *European Sociological Review* 30.5, pp. 595–614.
- Hendrickx, John and Harry B. G. Ganzeboom (1998). "Occupational status attainment in the Netherlands, 1920–1990 a multinomial logistic analysis". In: *European Sociological Review* 14.4, pp. 387–403.
- Heslin, Peter A. (2003). "Self-and other-referent criteria of career success". In: *Journal of Career Assessment* 11.3, pp. 262–286.
- (2005). "Conceptualizing and evaluating career success". In: *Journal of Organizational Behavior* 26.2, pp. 113–136.
- Hetherington, E. Mavis (1965). "A developmental study of the effects of sex of the dominant parent on sex-role preference, identification, and imitation in children". In: *Journal of personality and social psychology* 2.2, pp. 188–194.
- Hidalgo Landa, Antonio et al. (2011). "An evidence-based approach to scoping reviews". In: *The Electronic Journal of Information Systems Evaluation* 10.4, pp. 173–175.
- Higgins, Monica C., Shoshana R. Dobrow, and Dawn Chandler (2008). "Never quite good enough: The paradox of sticky developmental relationships for elite university graduates". In: *Journal of Vocational Behavior* 72.2, pp. 207–224.
- Hirschi, Andreas (2012). "The career resources model: An integrative framework for career counsellors". In: *British Journal of Guidance & Counselling* 40.4, pp. 369–383.
- Ho, Violet T., Sze-Sze Wong, and Chay Hoon Lee (2011). "A tale of passion: Linking job passion and cognitive engagement to employee work performance". In: *Journal of Management Studies* 48.1, pp. 26–47.
- Hogg, Michael A. (2006). "Social identity theory". In: *Contemporary Social Psychological Theories*. Ed. by Peter J. Burke. Stanford: Stanford University Press, pp. 111–136.
- Holland, John L. (1959). "A theory of vocational choice". In: *Journal of Counseling Psychology* 6.1, pp. 35–45.
- (1973). *Making vocational choices: A theory of careers*. Prentice Hall. ISBN: 0135478286.

Holland, John L. (1997). *Making vocational choices: A theory of vocational personalities and work environments*. Psychological Assessment Resources. ISBN: 0911907270.

- Holtschlag, Claudia et al. (2013). "Complementary person–culture values fit and hierarchical career status". In: *Journal of Vocational Behavior* 82.2, pp. 144–153.
- Hoobler, Jenny M., Jia Hu, and Morgan Wilson (2010). "Do workers who experience conflict between the work and family domains hit a "glass ceiling?": A meta-analytic examination". In: *Journal of Vocational Behavior* 77.3, pp. 481–494.
- Hox, Joop J., Mirjam Moerbeek, and Rens van de Schoot (2010). *Multilevel analysis: Techniques and applications*. New York: Routledge. ISBN: 1136975357.
- Hu, Changya, Ekin K. Pellegrini, and Terri A. Scandura (2011). "Measurement invariance in mentoring research: A cross-cultural examination across Taiwan and the U.S". In: *Journal of Vocational Behavior* 78.2, pp. 274–282.
- Hu, Li-tze and Peter M. Bentler (1999). "Cutoff criteria for fit indexes in covariance structure analysis: Conventional criteria versus new alternatives". In: *Structural Equation Modeling: A Multidisciplinary Journal* 6.1, pp. 1–55.
- Hughes, Everett C. (1937). "Institutional office and the person". In: *American journal of Sociology*, pp. 404–413.
- ILO (1988). ISCO: International Standard Classification of Occupations. Geneva.
- James, Lawrence R. and Jeanne M. Brett (1984). "Mediators, moderators, and tests for mediation". In: *Journal of Applied Psychology* 69.2, pp. 307–321.
- James, Lawrence R., Stanley A. Mulaik, and Jeanne M. Brett (2006). "A tale of two methods". In: *Organizational research methods* 9.2, pp. 233–244.
- Jansen, Paul G. W. and Claartje J. Vinkenburg (2006). "Predicting management career success from assessment center data: A longitudinal study". In: *Journal of Vocational Behavior* 68.2, pp. 253–266.
- Jaskolka, Gabriel, Janice M. Beyer, and Harrison M. Trice (1985). "Measuring and predicting managerial success". In: *Journal of Vocational Behavior* 26.2, pp. 189–205.
- John, Oliver P. and Sanjay Srivastava (1999). "The big five trait taxonomy: History, measurement, and theoretical perspectives". In: *Handbook of personality: Theory and research* 2.1999, pp. 102–138.

Johnson, C. Douglas and Lillian T. Eby (2011). "Evaluating career success of African American males: It's what you know and who you are that matters". In: *Journal of Vocational Behavior* 79.3, pp. 699–709.

- Johnston, David W. and Wang-Sheng Lee (2012). "Climbing the job ladder: New evidence of gender inequity". In: *Industrial Relations: A Journal of Economy and Society* 51.1, pp. 129–151.
- Jones, David A. and Barbara R. McIntosh (2010). "Organizational and occupational commitment in relation to bridge employment and retirement intentions". In: *Journal of Vocational Behavior* 77.2, pp. 290–303.
- Judge, Timothy A. and Bretz, Robert D. (1994). "Political influence behavior and career success". In: *Journal of management* 20.1, pp. 43–65.
- Judge, Timothy A. and Daniel M. Cable (2004). "The effect of physical height on workplace success and income: Preliminary test of a theoretical model". In: *Journal of Applied Psychology* 89.3, pp. 428–441.
- Judge, Timothy A., Daniel Heller, and Michael K. Mount (2002). "Five-factor model of personality and job satisfaction: A meta-analysis". In: *Journal of Applied Psychology* 87.3, pp. 530–541.
- Judge, Timothy A. and John D. Kammeyer-Muelle (2012). "On the value of aiming high: The causes and consequences of ambition". In: *Journal of Applied Psychology* 97.4, pp. 758–775.
- Judge, Timothy A. et al. (1995). "An empirical investigation of the predictors of executive career success". In: *Personnel psychology* 48.3, pp. 485–519.
- Judge, Timothy A. et al. (1999). "The big five personality traits, general mental ability, and career success across the life span". In: *Personnel psychology* 52.3, pp. 621–652.
- Judiesch, Michael K. and Karen S. Lyness (1999). "Left behind? The impact of leaves of absence on managers' career success". In: *Academy of Management Journal* 42.6, pp. 641–651.
- Kambourov, Gueorgui and Iourii Manovskii (2009). "Occupational specificity of human capital\*". In: *International Economic Review* 50.1, pp. 63–115.

Kammeyer-Mueller, John D. and Timothy A. Judge (2008). "A quantitative review of mentoring research: Test of a model". In: *Journal of Vocational Behavior* 72.3, pp. 269–283.

- Kane, Aimée A., Linda Argote, and John M. Levine (2005). "Knowledge transfer between groups via personnel rotation: Effects of social identity and knowledge quality". In: *Organizational behavior and human decision processes* 96.1, pp. 56–71.
- Katz, Fodor M. (1964). "The meaning of success: Some differences in value systems of social classes". In: *The Journal of social psychology* 62.1, pp. 141–148.
- Kim, Jae Kwang et al. (2006). "On the bias of the multiple-imputation variance estimator in survey sampling". In: *Journal of the Royal Statistical Society: Series B (Statistical Methodology)* 68.3, pp. 509–521.
- King, Zella (2004). "Career self-management: Its nature, causes and consequences". In: *Journal of Vocational Behavior* 65.1, pp. 112–133.
- Kirchmeyer, Catherine (1998). "Determinants of managerial career success: Evidence and explanation of male/female differences". In: *Journal of management* 24.6, pp. 673–692.
- (2006). "The different effects of family on objective career success across gender: A test of alternative explanations". In: *Journal of Vocational Behavior* 68.2, pp. 323–346.
- Korman, Abraham K., Ursula Wittig-Berman, and Dorothy Lang (1981). "Career success and personal failure: Alienation in professionals and managers". In: *Academy of Management Journal* 24.2, pp. 342–360.
- Kossek, Ellen Ernst et al. (1998). "Career self-management: A quasi-experimental assessment of the effects of a training intervention". In: *Personnel psychology* 51.4, pp. 935–960.
- Kovalenko, Maxim and Dimitri Mortelmans (2014). "Does career type matter? Outcomes in traditional and transitional career patterns". In: *Journal of Vocational Behavior* 85.2, pp. 238–249.
- Kraimer, Maria L. et al. (2011). "Antecedents and outcomes of organizational support for development: The critical role of career Opportunities". In: *Journal of Applied Psychology* 96.3, pp. 485–500.

Kramer, Roderick M. and Jane Wei (1999). "Social uncertainty and the problem of trust in social groups: The social self in doubt". In: *The Psychology of the social self*. Ed. by Tom R. Tyler, Roderick M. Kramer, and Oliver P. John. New Jersey: Lawrence Erlbaum Associates, Inc., Publishers, pp. 145–168.

- Laband, David N. and Bernard F. Lentz (1983). "Like father, like son: Toward an economic theory of occupational following". In: *Southern Economic Journal*, pp. 474–493.
- (1985a). The roots of success: Why children follow in their parents' career footsteps. New York: Praeger Publishers.
- (1992). "Self-recruitment in the legal profession". In: Journal of Labor Economics 10.2, pp. 182–201.
- Laband, David N. and Bernhard F. Lentz (1985b). "Favorite sons: Intergenerational wealth transfers among politicians". In: *Economic Inquiry* 23.3, pp. 395–414.
- Lamb, Michael E. and Catherine S. Tamis-Lemonda (2004). *The role of the father in child development*. New Jersey: John Wiley & Sons. ISBN: 0471690430.
- Lee, Mary Dean et al. (2006). "Exploring career and personal outcomes and the meaning of career success among part-time professionals in organizations". In: *Research companion to working time and work addiction*, pp. 284–309.
- Lent, Robert W. (2005). "A social cognitive view of career development and counseling". In: *Career development and counseling*. Ed. by Steven D. Brown and Robert W. Lent. New Jersey: John Wiley & Sons Inc, pp. 101–127.
- Lent, Robert W., Steven D. Brown, and Gail Hackett (1994). "Toward a unifying social cognitive theory of career and academic interest, choice, and performancelee". In: *Journal of Vocational Behavior* 45.1, pp. 79–122.
- Lentz, Bernard F. and David N. Laband (1989). "Why so many children of doctors become doctors: Nepotism vs. human capital transfers". In: *Journal of Human Resources*, pp. 396–413.
- Leslie, Lisa M. et al. (2012). "Flexible work practices: A source of career premiums or penalties?" In: *Academy of Management Journal* 55.6, pp. 1407–1428.
- Leung, Alvin S. (2008). "The big five career theories". In: *International handbook of career guidance*. Springer, pp. 115–132.

Lickel, Brian et al. (2000). "Varieties of groups and the perception of group entitativity". In: *Journal of personality and social psychology* 78.2, pp. 223–246.

- Lin, Nan and Mary Dumin (1986). "Access to occupations through social ties". In: *Social Networks* 8.4, pp. 365–385.
- Lin, Nan, Walter M. Ensel, and John C. Vaughn (1981). "Social resources and strength of ties: Structural factors in occupational status attainment". In: *American Sociological Review*, pp. 393–405.
- Lipset, Seymour M. and Reinhard Bendix (1952). "Social mobility and occupational career patterns I. Stability of jobholding". In: *American journal of Sociology*, pp. 366–374.
- Lips-Wiersma, Marjo and Judith Mcmorland (2006). "Finding meaning and purpose in boundaryless careers: A framework for study and practice". In: *Journal of Humanistic Psychology* 46.2, pp. 147–167.
- Little, Roderick J. A. (1988). "A test of missing completely at random for multivariate data with missing values". In: *Journal of the American Statistical Association* 83.404, pp. 1198–1202.
- Locke, Edwin A. (1976). "The nature and causes of job satisfaction". In: *Handbook of industrial and organizational psychology*, pp. 1297–1349.
- Lofquist, Lloyd H. and René V. Dawis (1991). *Essentials of person-environment-correspondence counseling*. Minneapolis: University of Minnesota Press. ISBN: 0816618895.
- Loscocco, Karyn A. and Anne R. Roschelle (1991). "Influences on the quality of work and nonwork life: Two decades in review". In: *Journal of Vocational Behavior* 39.2, pp. 182–225.
- Mael, Fred and Blake E. Ashforth (1992). "Alumni and their alma mater: A partial test of the reformulated model of organizational identification". In: *Journal of Organizational Behavior* 13.2, pp. 103–123.
- Mageau, Genevieve A. et al. (2009). "On the development of harmonious and obsessive passion: The role of autonomy support, activity specialization, and identification with the activity". In: *Journal of Personality* 77.3, pp. 601–646.

Markham, Wolfgang A. et al. (2012). "Does school ethos explain the relationship between value-added education and teenage substance use? A cohort study". In: *Social science & medicine* 75.1, pp. 69–76.

- Maurer, Todd J. and Elizabeth F. Chapman (2013). "Ten years of career success in relation to individual and situational variables from the employee development literature". In: *Journal of Vocational Behavior* 83.3, pp. 450–465.
- McAdams, Dan P. and Jennifer L. Pals (2006). "A new big five: Fundamental principles for an integrative science of personality". In: *American Psychologist* 61.3, pp. 204–217.
- McArdle, Sarah et al. (2007). "Employability during unemployment: Adaptability, career identity and human and social capital". In: *Journal of Vocational Behavior* 71.2, pp. 247–264.
- McCrae, Robert R. and Oliver P. John (1992). "An introduction to the five-factor model and its applications". In: *Journal of Personality* 60, pp. 175–215.
- McDonald, Kimberly S. and Linda M. Hite (2008). "The next generation of career success: Implications for HRD". In: *Advances in Developing Human Resources* 10.1, pp. 86–103.
- McPherson, Miller, Lynn Smith-Lovin, and James M. Cook (2001). "Birds of a feather: Homophily in social networks". In: *Annual Review of Sociology* 27.1, pp. 415–444.
- Meister, Alyson, Karen A. Jehn, and Sherry M. B. Thatcher (2014). "Feeling misidentified: The consequences of internal identity asymmetries for individuals at work". In: *Academy of Management Review* 39.4, pp. 488–512.
- Michel, Jesse S., Malissa A. Clark, and David Jaramillo (2011). "The role of the five factor model of personality in the perceptions of negative and positive forms of work–nonwork spillover: A meta-analytic review". In: *Journal of Vocational Behavior* 79.1, pp. 191–203.
- Miner, Anne S. and David F. Robinson (1994). "Organizational and population level learning as engines for career transitions". In: *Journal of Organizational Behavior* 15.4, pp. 345–364.
- Montgomery, Mark R. et al. (2000). "Measuring living standards with proxy variables". In: *Demography* 37.2, pp. 155–174.

Mroczek, Daniel K. and Avron Spiro III (2005). "Change in life satisfaction during adulthood: Findings from the veterans affairs normative aging study". In: *Journal of personality and social psychology* 88.1, pp. 189–202.

- Nauta, Margaret M. (2010). "The development, evolution, and status of Holland's theory of vocational personalities: Reflections and future directions for counseling psychology". In: *Journal of Counseling Psychology* 57.1, pp. 11–22.
- Newmann, Jesse and Patrick McGroarty (2017). *Two brothers, tied to the land, face wrath of America's farm bust*. URL: https://www.wsj.com/articles/two-brothers-tied-to-the-land-face-wrath-of-americas-farm-bust-1513615986 (visited on 12/18/2017).
- Ng, Thomas W. H. and Daniel C. Feldman (2010). "Human capital and objective indicators of career success: The mediating effects of cognitive ability and conscientiousness". In: *Journal of Occupational & Organizational Psychology* 83.1, pp. 207–235.
- (2014a). "A conservation of resources perspective on career hurdles and salary attainment". In: *Journal of Vocational Behavior* 85.1, pp. 156–168.
- (2014b). "Subjective career success: A meta-analytic review". In: *Journal of Vocational Behavior* 85.2, pp. 169–179.
- Ng, Thomas W. H. et al. (2005). "Predictors of objective and subjective career success: A meta-analysis". In: *Personnel psychology* 58.2, pp. 367–408.
- Nicholson, Amanda et al. (2005). "Socio-economic influences on self-rated health in Russian men and women—a life course approach". In: *Social science & medicine* 61.11, pp. 2345–2354.
- Novakovic, Alexandra and Nadya A. Fouad (2013). "Background, personal, and environmental influences on the career planning of adolescent girls". In: *Journal of Career Development* 40.3, pp. 223–244.
- Oren, Lior, Ariel Caduri, and Aharon Tziner (2013). "Intergenerational occupational transmission: Do offspring walk in the footsteps of mom or dad, or both?" In: *Journal of Vocational Behavior* 83.3, pp. 551–560.
- Osipow, Samuel H. (1990). "Convergence in theories of career choice and development: Review and prospect". In: *Journal of Vocational Behavior* 36.2, pp. 122–131.

Pablo-Lerchundi, Iciar, Gustavo Morales-Alonso, and Rosa María González-Tirados (2015). "Influences of parental occupation on occupational choices and professional values". In: *Journal of Business Research* 68.7, pp. 1645–1649.

- Pearce, Jone L. (2015). "Cronyism and nepotism are bad for everyone: The research evidence". In: *Industrial and Organizational Psychology* 8.1, pp. 41–44.
- Perrewé, Pamela L. et al. (2014). "Developing a passion for work passion: Future directions on an emerging construct". In: *Journal of Organizational Behavior* 35.1, pp. 145–150.
- Pfeffer, Jeffrey (1991). "Organization theory and structural perspectives on management". In: *Journal of management* 17.4, pp. 789–803.
- Podsakoff, Philip M. and Dennis W. Organ (1986). "Self-reports in organizational research: Problems and prospects". In: *Journal of management* 12.4, pp. 531–544.
- Poole, Millicent E. and Janice Langan-Fox (1993). "Contrasting subjective and objective criteria as determinants of perceived career success: A longitudinal study". In: *Journal of Occupational & Organizational Psychology* 66.1, pp. 39–54.
- Praskova, Anna, Michelle Hood, and Peter A. Creed (2014). "Testing a calling model of psychological career success in Australian young adults: A longitudinal study". In: *Journal of Vocational Behavior* 85.1, pp. 125–135.
- Prengel, Haiko (2011). *Im Schatten der Eltern*. URL: http://www.zeit.de/karriere/beruf/2011-02/berufswahl-eltern-kinder (visited on 03/08/2011).
- Proulx, Natalie (2017). *Will you follow in your parents' footsteps?* (Visited on 01/25/2018).
- Raabe, Babette, Michael Frese, and Terry A. Beehr (2007). "Action regulation theory and career self-management". In: *Journal of Vocational Behavior* 70.2, pp. 297–311.
- Ragins, Belle R. and Eric Sundstrom (1989). "Gender and power in organizations: A longitudinal perspective". In: *Psychological bulletin* 105.1, pp. 51–88.
- Rain, Jeffrey S., Irving M. Lane, and Dirk D. Steiner (1991). "A current look at the job satisfaction/life satisfaction relationship: Review and future considerations". In: *Human Relations* 44.3, pp. 287–307.
- Ratelle, Catherine F. et al. (2004). "When passion leads to problematic outcomes: A look at gambling". In: *Journal of Gambling Studies* 20.2, pp. 105–119.

Reitman, Frieda and Joy A. Schneer (2003). "The promised path: A longitudinal study of managerial careers". In: *Journal of Managerial Psychology* 18.1, pp. 60–75.

- Restubog, Simon Lloyd D., Prashant Bordia, and Sarbari Bordia (2011). "Investigating the role of psychological contract breach on career success: Convergent evidence from two longitudinal studies". In: *Journal of Vocational Behavior* 79.2, pp. 428–437.
- Rindfleisch, Aric et al. (2008). "Cross-sectional versus longitudinal survey research: Concepts, findings, and guidelines". In: *Journal of Marketing Research* 45.3, pp. 261–279.
- Roccas, Sonia and Marilynn B. Brewer (2002). "Social identity complexity". In: *Personality and Social Psychology Review* 6.2, pp. 88–106.
- Rosenbaum, James E. (1984). *Career mobility in a corporate hierarchy*. Orlando: Academic Press. ISBN: 0125970803.
- Rothland, Martin, Johannes König, and Martin Drahmann (2015). "Lehrerkinder–Zur Bedeutung der Berufsvererbung für die Berufswahl Lehramt". In: *Zeitschrift für Bildungsforschung* 5.2, pp. 129–144.
- Rothwell, Andrew and John Arnold (2007). "Self-perceived employability: Development and validation of a scale". In: *Personnel Review* 36.1, pp. 23–41.
- Russo, Marcello, Liang Guo, and Yehuda Baruch (2014). "Work attitudes, career success and health: Evidence from China". In: *Journal of Vocational Behavior* 84.3, pp. 248–258.
- Ryan, Richard M. and James P. Connell (1989). "Perceived locus of causality and internalization: Examining reasons for acting in two domains". In: *Journal of personality and social psychology* 57.5, pp. 749–761.
- Ryan, Richard M. and Edward L. Deci (2000). "Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being". In: *American Psychologist* 55.1, pp. 68–78.
- Rynes, Sara L., Robert D. Bretz, and Barry Gerhart (1991). "The importance of recruitment in job choice: A different way of looking". In: *Personnel psychology* 44.3, pp. 487–521.
- Salili, Farideh and Po Ha Tse Mak (1988). "Subjective meaning of success in high and low achievers". In: *International Journal of Intercultural Relations* 12.2, pp. 125–138.

Savickas, Mark L. (1994). "Measuring career development: Current status and future directions". In: *The Career Development Quarterly* 43.1, pp. 54–62.

- (2005). "The theory and practice of career construction". In: *Career development and counseling: Putting theory and research to work* 1, pp. 42–70.
- Savickas, Mark L. and Erik J. Porfeli (2012). "Career adapt-abilities scale: Construction, reliability, and measurement equivalence across 13 countries". In: *Journal of Vocational Behavior* 80.3, pp. 661–673.
- Scandura, Terri A. and Ethlyn A. Williams (2004). "Mentoring and transformational leadership: The role of supervisory career mentoring". In: *Journal of Vocational Behavior* 65.3, pp. 448–468.
- Schaufeli, Wilmar B. and Toon W. Taris (2014). "A critical review of the job demands-resources model: Implications for improving work and health". In: *Bridging occupational, organizational and public health*. Ed. by Georg F. Bauer and Oliver Hämmig. Dordrecht: Springer, pp. 43–68.
- Schein, Edgar H. (1976). "Career development: theoretical and practical issues for organisations". In: *Career planning and development*. Ed. by ILO. Geneva, pp. 9–48.
- Schneer, Joy A. and Frieda Reitman (1997). "The interrupted managerial career path: A longitudinal study of MBAs". In: *Journal of Vocational Behavior* 51.3, pp. 411–434.
- Schultheiss, Donna E. Palladino (2008). "Current status and future agenda for the theory, research, and practice of childhood career development". In: *The Career Development Quarterly* 57.1, pp. 7–24.
- Seibert, Scott (1999). "The effectiveness of facilitated mentoring: A longitudinal quasi-experiment". In: *Journal of Vocational Behavior* 54.3, pp. 483–502.
- Seibert, Scott E. (2006). "Career success". In: *Encyclopedia of career development*. Ed. by Jeffrey H. Greenhaus and Gerard A. Callanan. Thousand Oaks, California: Sage Publications Inc, pp. 149–156.
- Seibert, Scott E. and Maria L. Kraimer (2001). "The five-factor model of personality and career success". In: *Journal of Vocational Behavior* 58.1, pp. 1–21.
- Seibert, Scott E., Maria L. Kraimer, and Robert C. Liden (2001). "A social capital theory of career success". In: *Academy of Management Journal* 44.2, pp. 219–237.

Shapira, Zur (2011). ""I've got a theory paper — Do you?": Conceptual, empirical, and theoretical contributions to knowledge in the organizational sciences". In: *Organization Science* 22.5, pp. 1312–1321.

- Sheldon, Kennon M. (2002). "The self-concordance model of healthy goal striving: When personal goals correctly represent the person". In: *Handbook of self-determination research*, pp. 65–86.
- Shepard, Herbert A. (1984). "On the realization of human potential: A path with a heart". In: *Working with careers*, pp. 25–46.
- Shinar, Eva H. (1975). "Sexual stereotypes of occupations". In: *Journal of Vocational Behavior* 7.1, pp. 99–111.
- Shockley, Kristen M. et al. (2017). "Disentangling the relationship between gender and work–family conflict: An integration of theoretical perspectives using meta-analytic methods". In: *The Journal of applied psychology* 102.12, pp. 1601–1635.
- SHRM (2013). Workplace Forecast: The Top Workplace Trends According to HR Professionals. Alexandria, VA.
- Singh, Romila, Belle Rose Ragins, and Phyllis Tharenou (2009a). "What matters most? The relative role of mentoring and career capital in career success". In: *Journal of Vocational Behavior* 75.1, pp. 56–67.
- (2009b). "Who gets a mentor? A longitudinal assessment of the rising star hypothesis". In: *Journal of Vocational Behavior* 74.1, pp. 11–17.
- Smith, Emily J. et al. (2015). "The relationship of age to personal network size, relational multiplexity, and proximity to alters in the Western United States". In: *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences* 70.1, pp. 91–99.
- Spector, Paul E. (2006). "Method variance in organizational research: Truth or urban legend?" In: *Organizational research methods* 9.2, pp. 221–232.
- Spence, Michael (1973). "Job market signaling". In: *The quarterly journal of Economics*, pp. 355–374.
- Spokane, Arnold R., Elchanan I. Meir, and Michele Catalano (2000). "Person–environment congruence and Holland's theory: A review and reconsideration". In: *Journal of Vocational Behavior* 57.2, pp. 137–187.

Stapleton, Laura M. (2006). "An assessment of practical solutions for structural equation modeling with complex sample data". In: *Structural equation modeling* 13.1, pp. 28–58.

- Stebbins, Robert A. (1970). "Career: The subjective approach". In: *The Sociological Quarterly* 11.1, pp. 32–49.
- Steger, Michael F. et al. (2006). "The meaning in life questionnaire: Assessing the presence of and search for meaning in life". In: *Journal of Counseling Psychology* 53.1, pp. 80–93.
- Stiglitz, Joseph E. (2002). "Information and the change in the paradigm in economics". In: *The American Economic Review* 92.3, pp. 460–501.
- Stumpf, Stephen A. (2014). "A longitudinal study of career success, embeddedness, and mobility of early career professionals". In: *Journal of Vocational Behavior* 85.2, pp. 180–190.
- Stumpf, Stephen A., Jonathan P. Doh, and Tymon, Jr, Walter G. (2010). "The strength of HR practices in India and their effects on employee career success, performance, and potential". In: *Human Resource Management* 49.3, pp. 353–375.
- Stumpf, Stephen A. and Tymon Jr., Walter G. (2012). "The effects of objective career success on subsequent subjective career success". In: *Journal of Vocational Behavior* 81.3, pp. 345–353.
- Sullivan, Sherry E. and Yehuda Baruch (2009). "Advances in career theory and research: A critical review and agenda for future exploration". In: *Journal of management* 35.6, pp. 1542–1571.
- Super, Donald E. (1953). "A theory of vocational development". In: *American Psychologist* 8.5, pp. 185–190.
- (1990a). "A life-span, life-space approach to career development". In: Career choice and development: Applying contemporary theories to practice (2nd ed.) The Jossey-Bass management series and The Jossey-Bass social and behavioral science series. San Francisco, CA, US: Jossey-Bass, pp. 197–261. ISBN: 1-55542-196-2.

Super, Donald E. (1990b). "A life-span, life-space approach to career development". In: *Career Choice and Development*. Ed. by Duan Brown and Linda Brooks. Vol. 16. San Francisco: Jossey-Bass, pp. 197–261.

- Swanson, Jane L. and Nadya A. Fouad (2015). *Career Theory & Practice: Learning Through Case Studies*. 3rd ed. Sage Publications Sage CA: Thousand Oaks, CA.
- Swanson, Jane L. and Paul A. Gore (2000). "Advances in vocational psychology theory and research". In: *Handbook of counseling psychology*. Ed. by Steven D. Brown and Robert W. Lent. John Wiley & Sons, pp. 233–269. ISBN: 0470228288.
- Tajfel, Henri, ed. (1978). *Differentiation between Social Groups*. London, New York, and San Francisco, CA, US: Academic Press.
- Tharenou, Phyllis (1997). "Explanations of managerial career advancement". In: *Australian Psychologist* 32.1, pp. 19–28.
- Thatcher, Sherry M. B. and Lindred L. Greer (2007). "Does it really matter if you recognize who I am? The implications of identity comprehension for individuals in work teams". In: *Journal of management*.
- The Economist (2011). "http://www.economist.com/node/18389199". In: *The Economist*. (Visited on 05/17/2011).
- Thompson, Mary (1997). Theory of sample surveys. Vol. 74. CRC Press. ISBN: 041231780X.
- Tolbert, Pamela S. (1996). "Occupations, organizations, and boundaryless careers". In: *The boundaryless career: A new employment principle for a new organizational era*, pp. 331–349.
- Tourangeau, Roger and Ting Yan (2007). "Sensitive questions in surveys". In: *Psychological bulletin* 133.5, pp. 859–883.
- Tran, Ulrich S. et al. (2017). "Unto the third generation: Evidence for strong familial aggregation of physicians, psychologists, and psychotherapists among first-year medical and psychology students in a nationwide Austrian cohort census". In: *BMC Medical Education* 17.1, pp. 1–15.
- Tranfield, David, David Denyer, and Palminder Smart (2003). "Towards a methodology for developing evidence-informed management knowledge by means of systematic review". In: *British journal of management* 14.3, pp. 207–222.

Treiman, Donald J. (1977). Occupational prestige in comparative perspective. New York: Academic Press. ISBN: 1483258351.

- Trépanier, Sarah-Geneviève et al. (2014). "Linking job demands and resources to burnout and work engagement: Does passion underlie these differential relationships?" In: *Motivation and Emotion* 38.3, pp. 353–366.
- Trepte, Sabine (2006). "Social identity theory". In: *Psychology of entertainment*. Ed. by Jennings Bryant and Peter Vorderer. Mahwah: Lawrence Erlbaum Associates Publishers, pp. 255–271.
- Turban, Daniel B. and Thomas W. Dougherty (1994). "Role of Protégé Personality in Receipt of Mentoring and Career Success". In: *Academy of Management Journal* 37.3, pp. 688–702.
- Turner, John C. (2010). "Towards a cognitive redefinition of the social group". In: *Social identity and intergroup relations*. Ed. by Henri Tajfel. Cambridge University Press, pp. 15–40. ISBN: 0521153654.
- Turner, John C. and Rina S. Onorato (1999). "Social identity, personality, and the self-concept: A self-categorization perspective". In: *The Psychology of the social self*. Ed. by Tom R. Tyler, Roderick M. Kramer, and Oliver P. John. New Jersey: Lawrence Erlbaum Associates, Inc., Publishers, pp. 11–46.
- Valcour, Monique and Jamie J. Ladge (2008). "Family and career path characteristics as predictors of women's objective and subjective career success: Integrating traditional and protean career explanations". In: *Journal of Vocational Behavior* 73.2, pp. 300–309.
- Vallerand, Robert J. et al. (2003). "Les passions de l'ame: On obsessive and harmonious passion". In: *Journal of personality and social psychology* 85.4, pp. 756–767.
- Vallerand, Robert J. et al. (2010). "On the role of passion for work in burnout: A process model". In: *Journal of Personality* 78.1, pp. 289–312.
- Van der Heijden, Beatrice I. J. M. et al. (2009). "Age effects on the employability–career success relationship". In: *Journal of Vocational Behavior* 74.2, pp. 156–164.
- van Heel, Koenraad Donker (2013). *Djekhy & Son: doing business in ancient Egypt*. Oxford University Press. ISBN: 1617974757.

Van Maanen, John and Stephen R. Barley (1982). *Occupational communities: Culture and control in organizations*. Ed. by Sloan School of Management. Massachusetts Institute of Technology.

- Van Maanen, John and Edgar H. Schein (1977). "Career development". In: *Improving Life at Work, Goodyear, Santa Moncia, CA*, pp. 30–95.
- van Peluchette, Joy Eck (1993). "Subjective career success: The influence of individual difference, family, and organizational variables". In: *Journal of Vocational Behavior* 43.2, pp. 198–208.
- Vandenberghe, Christian and Alexandra Panaccio (2012). "Perceived sacrifice and few alternatives commitments: The motivational underpinnings of continuance commitment's subdimensions". In: *Journal of Vocational Behavior* 81.1, pp. 59–72.
- Verbruggen, Marijke (2012). "Psychological mobility and career success in the 'new' career climate". In: *Journal of Vocational Behavior* 81.2, pp. 289–297.
- Verbruggen, Marijke, Luc Sels, and Anneleen Forrier (2007). "Unraveling the relationship between organizational career management and the need for external career counseling". In: *Journal of Vocational Behavior* 71.1, pp. 69–83.
- Volmer, Judith, Iris K. Koch, and Anja S. Göritz (2016). "The bright and dark sides of leaders' dark triad traits: Effects on subordinates' career success and well-being". In: *Personality and Individual Differences* 101, pp. 413–418.
- Voorpostel, Marieke et al. (2016). Swiss household panel user guide (1999-2015), Wave17, December 2016. Lausanne.
- Voracek, Martin et al. (2010). "Like father, like son? Familial aggregation of physicians among medical and psychology students". In: *Higher Education* 59.6, pp. 737–748.
- Vorauer, Jacquie D. and Sandra M. Kumhyr (2001). "Is this about you or me? Self-versus other-directed judgments and feelings in response to intergroup interaction". In: *Personality and Social Psychology Bulletin* 27.6, pp. 706–719.
- Vos, Ans de, Sara de Hauw, and Van der Heijden, Beatrice I. J. M. (2011). "Competency development and career success: The mediating role of employability". In: *Journal of Vocational Behavior* 79.2, pp. 438–447.

Vos, Ans de and Nele Soens (2008). "Protean attitude and career success: The mediating role of self-management". In: *Journal of Vocational Behavior* 73.3, pp. 449–456.

- Vroom, Victor H. and Edward L. Deci (1982). *Management and Motivation*. New York: Penguin Books.
- Waldman, David A. and Theresa Korbar (2004). "Student assessment center performance in the prediction of early career success". In: *Academy of Management Learning & Education* 3.2, pp. 151–167.
- Wang, Yu-Hsuan et al. (2014). "Antecedents and outcomes of career plateaus: The roles of mentoring others and proactive personality". In: *Journal of Vocational Behavior* 85.3, pp. 319–328.
- Wayne, Sandy J. et al. (1999). "The role of human capital, motivation and supervisor sponsorship in predicting career success". In: *Journal of Organizational Behavior* 20.5, pp. 577–595.
- Weber, Max (1958). The protestant ethic and the spirit of capitalism. New York: Scribner.
- White, Lynn et al. (2006). "Infertility: Testing a helpseeking model". In: *Social science & medicine* 62.4, pp. 1031–1041.
- Wiese, Bettina S., Alexandra M. Freund, and Paul B. Baltes (2002). "Subjective career success and emotional well-being: Longitudinal predictive power of selection, optimization, and compensation". In: *Journal of Vocational Behavior* 60.3, pp. 321–335.
- Wolff, Hans-Georg and Klaus Moser (2009). "Effects of networking on career success: A longitudinal study". In: *Journal of Applied Psychology* 94.1, pp. 196–206.
- Wong, Frances Kam-yuet et al. (2011). "Effects of a health-social partnership transitional program on hospital readmission: A randomized controlled trial". In: *Social science & medicine* 73.7, pp. 960–969.
- Wrzesniewski, Amy et al. (1997). "Jobs, careers, and callings: People's relations to their work". In: *Journal of research in personality* 31.1, pp. 21–33.
- Wrzesniewski, Amy et al. (2013). "Job crafting and cultivating positive meaning and identity in work". In: *Advances in positive organizational psychology*. Ed. by Arnold B. Bakker. Emerald Group Publishing Limited, pp. 281–302.

Wu, Pei-Chuan, Maw-Der Foo, and Daniel B. Turban (2008). "The role of personality in relationship closeness, developer assistance, and career success". In: *Journal of Vocational Behavior* 73.3, pp. 440–448.

- Zacher, Hannes (2014). "Career adaptability predicts subjective career success above and beyond personality traits and core self-evaluations". In: *Journal of Vocational Behavior* 84.1, pp. 21–30.
- Zigarmi, Drea et al. (2009). "Beyond engagement: Toward a framework and operational definition for employee work passion". In: *Human Resource Development Review* 8.3, pp. 300–326.

#### Appendix A: Applied Methodical Approaches

TABLE A.1: Applied methodical approaches

Category	Method	Cross-Sectional	Longitudinal	Meta-Analysis
Effect Size	Dominance Analysis	Behson (2002), Johnson, C. Douglas and Eby (2011)		
	Psychometric Meta- Analysis			Bauer, Bodner, Erdogan, Truxillo, and Tucker (2007), Ghosh and Reio (2013), Ng, Eby, Sorensen, and Feldman (2005), Ng and Feldman (2014a)
Regression Analyses	Hierarchical Regression Analysis	Aryee, Yue Wah Chay, and Hwee Hoon Tan (1994), Baruch, Bell, and Gray (2005), Blickle, Oerder, and Summers (2010), Bozionelos (2004b), Bozionelos (2004a), Byrne, Dik, and Chiaburu (2008), Cox and Harquail (1991), Hamori and Kakarika (2009), Haro, Castejón, and Gilar (2013), Restubog, Bordia, and Bordia (2011), Seibert and Kraimer (2001), Valcour and Ladge (2008), Zacher (2014)	Jansen, Paul G. W. and Vinkenburg (2006), Waldman and Korbar (2004), Wiese, Freund, and Baltes (2002)	
	Logistic Regression Analysis / Survival analysis	Judiesch and Lyness (1999), Restubog, Bordia, and Bordia (2011) Vanden- berghe and Panaccio (2012)	Chen (2011)	
	Multilevel Regression Analysis	Holtschlag, Morales, Masuda, and Maydeu-Olivares (2013)	Wolff and Moser (2009)	
	Multiple Regression Analysis	Blickle, Witzki, and Schneider (2009b), Campion, Cheraskin, and Stevens (1994), Carraher, Sullivan, and Crocitto (2008), Day and Allen (2004), Dougherty, Dreher, Arunachalam, and Wilbanks (2013), Forret and Dougherty (2004), Gatiker and Larwood (1990), Judge and Bretz, Robert D. (1994), Judge and Cable (2004), Kirchmeyer (2006), Kirchmeyer (1998), Kovalenko and Mortelmans (2014), Maurer and Chapman (2013), Stumpf, Doh, and Tymon, Jr. Walter G. (2010), Stumpf and Tymon Jr., Walter G. (2012), Wayne, Liden, Kraimer, and Graf (1999)	Chudzikowski (2012), Converse, Pathak, DePaul-Haddock, Gotlib, and Merbedone (2012), Higgins, Do- brow, and Chandler (2008), Schneer and Reitman (1997), Singh, Ragins, and Tharenou (2009b), Stumpf (2014)	
	Probit Model	Blau (2007), Bonet (2014)	Johnston and Lee (2012)	
Structural Equation Modeling	SEM	Blickle, Witzki, and Schneider (2009a), Boudreau, Boswell, and Judge (2001), Colakoglu (2011), Duffy, Dik, and Steger (2011), Greenhaus, Parasuraman, and Wormley (1990), Judge and Kammeyer-Muelle (2012), Leslie, Flaherty Manchester, Tae-Youn, and SI Ahn (2012), Raabe, Frese, and Beehr (2007), Russo, Guo, and Baruch (2014), Seibert, Kraimer, and Liden (2001), Turban and Dougherty (1994), Van der Heijden, Beatrice I. J. M., de Lange, Annet H., Demerouti, and Van der Heijde, Claudia M. (2009), Verbruggen (2012), Vos, Hauw, and Van der Heijden, Beatrice I. J. M. (2011), Vos and Soens (2008), Wu, Foo, and Turban (2008)	Abele and Spurk (2009a), Ashby and Schoon (2010), Judge, Ca- ble, Boudreau, and Bretz (1995), Praskova, Hood, and Creed (2014)	Hoobler, Hu, and Wilson (2010), Kammeyer-Mueller and Judge (2008), Ng and Feldman (2010)

Note: The table shows the studies of the systematic literature review and which method they applied.

# Appendix B: Categorical System on Career Success: Other-Administered and Self-Managed

TABLE B.1: Studies draw on antecedents of career success

Other-managed

Socio-Demographic

Abele and Spurk (2009a), Abele and Spurk (2009a), Aryee, Yue Wah Chay, and Hwee Hoon Tan (1994), Behson (2002), Blau (2007), Blickle, Oerder, and Summers (2010), Blickle, Witzki, and Schneider (2009b), Blickle, Witzki, and Schneider (2009a), Bonet (2014), Bozionelos (2004a), Campion, Cheraskin, and Stevens (1994), Carraher, Sullivan, and Crocitto (2008), Cox and Harquail (1991), Forret and Dougherty (2004), Gattiker and Larwood (1990), Greenhaus, Parasuraman, and Wormley (1990), Higgins, Dobrow, and Chandler (2008), Holtschlag, Morales, Masuda, and Maydeu-Olivares (2013), Johnson, C. Douglas and Eby (2011), Johnston and Lee (2012), Judge, Cable, Boudreau, and Bretz (1995), Judge and Kammeyer-Muelle (2012), Judge and Cable (2004), Judiesch and Lyness (1999), Kammeyer-Mueller and Judge (2008), Kirchmeyer (2006), Kirchmeyer (1998), Maurer and Chapman (2013), Ng, Eby, Sorensen, and Feldman (2005), Ng and Feldman (2014a), Restubog, Bordia, and Bordia (2011), Stumpf, Doh, and Tymon, Jr, Walter G. (2010), Vandenberghe and Panaccio (2012), Wolff and Moser (2009)

Human Capital

Baruch, Bell, and Gray (2005), Blau (2007), Blickle, Witzki, and Schneider (2009b), Bozionelos (2004b), Byrne, Dik, and Chiaburu (2008), Carraher, Sullivan, and Crocitto (2008)Day and Allen (2004), Dougherty, Dreher, Arunachalam, and Wilbanks (2013), Ghosh and Reio (2013), Higgins, Dobrow, and Chandler (2008), Judge and Bretz, Robert D. (1994)Judge and Kammeyer-Muelle (2012), Maurer and Chapman (2013), Ng, Eby, Sorensen, and Feldman (2005), Vos, Hauw, and Van der Heijden, Beatrice I. J. M. (2011), Waldman and Korbar (2004)

Self-Managed

Aryee, Yue Wah Chay, and Hwee Hoon Tan (1994), Behson (2002), Chen (2011), Cox and Harquail (1991), Forret and Dougherty (2004), Judge and Bretz, Robert D. (1994), Judge and Cable (2004), Kirchmeyer (2006), Kirchmeyer (1998), Singh, Ragins, and Tharenou (2009b), Valcour and Ladge (2008)

Abele and Spurk (2009a), Aryee, Yue Wah Chay, and Hwee Hoon Tan (1994), Baruch, Bell, and Gray (2005), Behson (2002), Blau (2007), Blickle, Oerder, and Summers (2010)Blickle, Witzki, and Schneider (2009a), Bonet (2014), Bozionelos (2004b), Bozionelos (2004a), Byrne, Dik, and Chiaburu (2008), Campion, Cheraskin, and Stevens (1994)Chen (2011), Chudzikowski (2012), Colakoglu (2011), Cox and Harquail (1991), Forret and Dougherty (2004), Gattiker and Larwood (1990), Hamori and Kakarika (2009), Holtschlag, Morales, Masuda, and Maydeu-Olivares (2013), Johnson, C. Douglas and Eby (2011), Judge and Bretz, Robert D. (1994), Judge and Cable (2004), Judiesch and Lyness (1999), Kammeyer-Mueller and Judge (2008), Kirchmeyer (2006), Kirchmeyer (1998), Kovalenko and Mortelmans (2014), Maurer and Chapman (2013), Ng, Eby, Sorensen, and Feldman (2005), Ng and Feldman (2010), Raabe, Frese, and Beehr (2007), Schneer and Reitman (1997), Singh, Ragins, and Tharenou (2009b), Stumpf (2014), Stumpf, Doh, and Tymon, Jr, Walter G. (2010), Stumpf and Tymon Jr., Walter G. (2012), Valcour and Ladge (2008), Vos, Hauw, and Van der Heijden, Beatrice I. J. M. (2011), Waldman and Korbar (2004), Wayne, Liden, Kraimer, and Graf (1999), Wolff and Moser (2009)

Personality

Other-managed

Abele and Spurk (2009a), Boudreau, Boswell, and Judge (2001), Bozionelos (2004b), Bozionelos (2004a), Day and Allen (2004), Duffy, Dik, and Steger (2011)Haro, Castejón, and Gilar (2013), Hoobler, Hu, and Wilson (2010), Jansen, Paul G. W. and Vinkenburg (2006), Judge, Cable, Boudreau, and Bretz (1995), Maurer and Chapman (2013), Ng, Eby, Sorensen, and Feldman (2005)Ng and Feldman (2014a), Seibert and Kraimer (2001), Turban and Dougherty (1994), Van der Heijden, Beatrice I. J. M., de Lange, Annet H., Demerouti, and Van der Heijde, Claudia M. (2009), Vos and Soens (2008), Waldman and Korbar (2004), Wu, Foo, and Turban (2008), Zacher (2014)

Social Capital

Blickle, Oerder, and Summers (2010), Blickle, Witzki, and Schneider (2009b), Bozionelos (2004b), Byrne, Dik, and Chiaburu (2008), Carraher, Sullivan, and Crocitto (2008), Day and Allen (2004)Dougherty, Dreher, Arunachalam, and Wilbanks (2013), Ghosh and Reio (2013), Higgins, Dobrow, and Chandler (2008), Judge and Bretz, Robert D. (1994), Ng, Eby, Sorensen, and Feldman (2005)

Organization and Environment Aryee, Yue Wah Chay, and Hwee Hoon Tan (1994), Blau (2007), Bonet (2014), Bozionelos (2004a), Byrne, Dik, and Chiaburu (2008), Campion, Cheraskin, and Stevens (1994)Cox and Harquail (1991), Forret and Dougherty (2004), Gattiker and Larwood (1990), Hamori and Kakarika (2009), Holtschlag, Morales, Masuda, and Maydeu-Olivares (2013), Judge and Bretz , Robert D. (1994)Judge and Cable (2004), Kirchmeyer (2006), Leslie, Flaherty Manchester, Tae-Youn, and SI Ahn (2012), Maurer and Chapman (2013), Restubog, Bordia, and Bordia (2011), Schneer and Reitman (1997), Stumpf (2014), Stumpf, Doh, and Tymon, Jr, Walter G. (2010), Wayne, Liden, Kraimer, and Graf (1999), Wolff and Moser (2009)

OCS

Chen (2011), Gattiker and Larwood (1990), Ghosh and Reio (2013), Holtschlag, Morales, Masuda, and Maydeu-Olivares (2013), Judiesch and Lyness (1999), Stumpf (2014), Stumpf and Tymon Jr., Walter G. (2012)

SCS

Self-Managed

Abele and Spurk (2009a), Bauer, Bodner, Erdogan, Truxillo, and Tucker (2007), Byrne, Dik, and Chiaburu (2008), Converse, Pathak, DePaul-Haddock, Gotlib, and Merbedone (2012), Holtschlag, Morales, Masuda, and Maydeu-Olivares (2013), Judge and Bretz, Robert D. (1994)Judge and Cable (2004), Kammeyer-Mueller and Judge (2008), Maurer and Chapman (2013), Praskova, Hood, and Creed (2014), Raabe, Frese, and Beehr (2007), Russo, Guo, and Baruch (2014)Valcour and Ladge (2008), Van der Heijden, Beatrice I. J. M., de Lange, Annet H., Demerouti, and Van der Heijde, Claudia M. (2009), Vandenberghe and Panaccio (2012), Verbruggen (2012), Wiese, Freund, and Baltes (2002), Zacher (2014)

Blickle, Witzki, and Schneider (2009a), Bozionelos (2004b), Byrne, Dik, and Chiaburu (2008), Forret and Dougherty (2004), Johnson, C. Douglas and Eby (2011), Judge and Bretz, Robert D. (1994)Kirchmeyer (1998), Ng, Eby, Sorensen, and Feldman (2005), Seibert, Kraimer, and Liden (2001), Singh, Ragins, and Tharenou (2009b), Wolff and Moser (2009)

Bauer, Bodner, Erdogan, Truxillo, and Tucker (2007), Behson (2002), Blau (2007), Bozionelos (2004a), Byrne, Dik, and Chiaburu (2008), Campion, Cheraskin, and Stevens (1994)Carraher, Sullivan, and Crocitto (2008), Cox and Harquail (1991), Hamori and Kakarika (2009), Jansen, Paul G. W. and Vinkenburg (2006), Kammeyer-Mueller and Judge (2008), Leslie, Flaherty Manchester, Tae-Youn, and SI Ahn (2012)Ng, Eby, Sorensen, and Feldman (2005), Ng and Feldman (2010), Praskova, Hood, and Creed (2014), Restubog, Bordia, and Bordia (2011), Singh, Ragins, and Tharenou (2009b), Vandenberghe and Panaccio (2012), Waldman and Korbar (2004), Wayne, Liden, Kraimer, and Graf (1999), Wolff and Moser (2009)

\_

Baruch, Bell, and Gray (2005), Schneer and Reitman (1997)

TABLE B.2: Studies draw on mediation of career success

	Other-managed	Self-Managed
Socio-Demographic	Hoobler, Hu, and Wilson (2010)	
Human Capital	Boudreau, Boswell, and Judge (2001), Converse, Pathak, DePaul-Haddock, Gotilb, and Merbedone (2012), Kammeyer-Mueller and Judge (2008), Turban and Dougherty (1994), Verbruggen (2012), Wu, Foo, and Turban (2008)	Ashby and Schoon (2010), Colakoglu (2011), Greenhaus, Parasuraman, and Wormley (1990), Praskova, Hood, and Creed (2014), Schneer and Reitman (1997)
Personality	Ng and Feldman (2010), Wu, Foo, and Turban (2008)	Abele and Spurk (2009a), Ashby and Schoon (2010), Bauer, Bodner, Erdogan, Truxillo, and Tucker (2007), Blickle, Witzki, and Schneider (2009a), Byrne, Dik, and Chiaburu (2008), Campion, Cheraskin, and Stevens (1994), Day and Allen (2004), Duffy, Dik, and Steger (2011),Judge, Cable, Boudreau, and Bretz (1995) Leslie, Flaherty Manchester, Tae-Youn, and SI Ahn (2012), Restubog, Bordia, and Bordia (2011), Turban and Dougherty (1994), Vos, Hauw, and Van der Heijden, Beatrice I. J. M. (2011), Vos and Soens (2008), Wu, Foo, and Turban (2008)
Social Capital	Kammeyer-Mueller and Judge (2008), Turban and Dougherty (1994), Wu, Foo, and Turban (2008)	
Organization and Environment	Campion, Cheraskin, and Stevens (1994), Greenhaus, Parasuraman, and Wormley (1990), Hoobler, Hu, and Wilson (2010), Judge and Kammeyer-Muelle (2012), Kammeyer-Mueller and Judge (2008), Ng and Feldman (2010), Raabe, Frese, and Beehr (2007), Restubog, Bordia, and Bordia (2011), Seibert, Kraimer, and Liden (2001)	Campion, Cheraskin, and Stevens (1994)
OCS	Hoobler, Hu, and Wilson (2010), Judge and Kammeyer-Muelle (2012), Judge and Cable (2004), Kammeyer-Mueller and Judge (2008), Raabe, Frese, and Beehr (2007), Schneer and Reitman (1997)	_
SCS	_	_

TABLE B.3: Studies draw on moderation of career success

	Other-managed	Self-Managed
Socio-Demographic	Dougherty, Dreher, Arunachalam, and Wilbanks (2013), Forret and Dougherty (2004), Kirchmeyer (1998), Schneer and Reitman (1997), Stumpf and Tymon Jr., Walter G. (2012), Van der Heijden, Beatrice I. J. M., de Lange, Annet H., Demerouti, and Van der Heijde, Claudia M. (2009)	
Human Capital		Byrne, Dik, and Chiaburu (2008)
Personality	Byrne, Dik, and Chiaburu (2008), Jansen, Paul G. W. and Vinkenburg (2006)	
Social Capital	Blickle, Witzki, and Schneider (2009b)	
Organization and Environment	Hamori and Kakarika (2009), Holtschlag, Morales, Masuda, and Maydeu-Olivares (2013), Russo, Guo, and Baruch (2014), Stumpf, Doh, and Tymon, Jr, Walter G. (2010), Stumpf and Tymon Jr., Walter G. (2012)	
OCS	_	_
SCS	_	_

TABLE B.4: Studies draw on objective and subjective career success

Other-managed

Self-Managed

OCS

Abele and Spurk (2009a), Aryee, Yue Wah Chay, and Hwee Hoon Tan (1994), Ashby and Schoon (2010), Baruch, Bell, and Gray (2005), Blau (2007), Blickle, Witzki, and Schneider (2009b), Blickle, Witzki, and Schneider (2009b), Blickle, Witzki, and Schneider (2014), Boudreau, Boswell, and Judge (2001), Bozionelos (2004b), Bozionelos (2004a), Byrne, Dik, and Chiaburu (2008), Campion, Cheraskin, and Stevens (1994), Carraher, Sullivan, and Crocitto (2008), Chen (2011), Chudzikowski (2012), Converse, Pathak, DePaul-Haddock, Gotlib, and Merbedone (2012), Cox and Harquail (1991), Day and Allen (2004), Dougherty, Dreher, Arunachalam, and Wilbanks (2013), Forret and Dougherty (2004), Gattiker and Larwood (1990), Hamori and Kakarika (2009), Haro, Castejón, and Gilar (2013), Holtschlag, Morales, Masuda, and Maydeu-Olivares (2013), Jansen, Paul G. W. and Vinkenburg (2006), Johnson, C. Douglas and Ebby (2011), Johnston and Lee (2012), Judge and Bretz, Robert D. (1994), Judge, Cable, Boudreau, and Bretz (1995), Judge and Kammeyer-Muelle (2012), Judiesch and Lyness (1999), Kirchmeyer (2006), Kirchmeyer (1998), Kovalenko and Mortelmans (2014), Leslie, Flaherty Manchester, Tae-Youn, and SI Ahn (2012), Maurer and Chapman (2013), Ng, Eby, Sorensen, and Feldman (2001), Ng and Feldman (2010), Restubog, Bordia, and Bordia (2011), Susso, Guo, and Baruta (2014), Seibert and Kraimer (2001), Seibert, Kraimer, and Liden (2001), Singh, Ragins, and Tharenou (2008b), Van der Heijden, Beatrice I. J. M., de Lange, Annet H., Demerouti, and Van der Heijde, Claudia M. (2009), Wandenberghe and Pranaccio (2012), Verbruggen (2012), Waldman and Korbar (2004), Wayne, Liden, Kraimer, and Graf (1999), Wolff and Moser (2009), Wu, Foo, and Turban (2008)

SCS

Abele and Spurk (2009a), Aryee, Yue Wah Chay, and Hwee Hoon Tan (1994), Baruch, Bell, and Gray (2005), Bauer, Bodner, Erdogan, Trusillo, and Tucker (2007), Behson (2002), Blickle, Oerder, and Summers (2010), Blickle, Witzki, and Schneider (2009b), Blickle, Witzki, and Schneider (2009b), Blickle, Witzki, and Schneider (2009a), Boudreau, Boswell, and Judge (2001), Bozionelos (2004b), Bozionelos (2004a), Byrne, Dik, and Chiaburu (2008), Carraher, Sullivan, and Crocitto (2008), Colakoglu (2011), Converse, Pathak, DePaul-Haddock, Gotlib, and Merbedone (2012), Cox and Harquail (1991), Day and Allen (2004), Dougherty, Dreher, Arunachalam, and Wilbanks (2013), Duffy, Dik, and Steger (2011), Forret and Dougherty (2004), Ghosh and Reio (2013), Greenhaus, Parassuraman, and Wormley (1990), Haro, Castejón, and Gilar (2013), Higgins, Dobrow, and Chandler (2008), Hoobler, Hu, and Wilson (2010), Johnston and Lee (2012), Judge and Bretz, Robert D. (1994), Judge and Kammeyer-Muelle (2012), Judge and Cable (2004), Kammeyer-Mueller and Judge (2008), Kirchmeyer (1998), Kovalenko and Mortelmans (2014), Maurer and Chapman (2013), Ng, Eby, Sorensen, and Feldman (2005), Ng and Feldman (2014a), Praskova, Hood, and Greed (2014), Raabe, Frese, and Beehr (2007), Russo, Guo, and Baruch (2014), Schneer and Reitman (1997), Seibert and Kraimer (2001), Singh, Ragins, and Tharenou (2009b), Stumpf (2014), Stumpf, Doh, and Tymon, Jr, Walter G. (2010), Stumpf and Tymon Jr., Walter G. (2012), Valcour and Ladge (2008), Verbruggen (2012), Vos, Hauw, and Van der Heijden, Beatrice I. J. M. (2011), Vos and Soens (2008), Waldman and Korbar (2004), Wayne, Liden, Kraimer, and Graf (1999), Wiese, Freund, and Baltes (2002), Wolff and Moser (2009) Wu, Foo, and Turban (2008), Zacher (2014)

## **Appendix C: Results Hypothesized Model**

	(OCS)	(SCS)
OCS		0.015
Workload	0.260***	0.082
Age	0.215***	0.123***
Edyear	0.219***	0.013
WFI	0.075***	$-0.161^{***}$
Firm size	0.033	$-0.111^{***}$
Sex	-0.218***	0.052
Openness	-0.004	-0.037
Conscientiousness	$0.062^{*}$	$0.154^{***}$
Extraversion	$0.079^{*}$	-0.058
Agreeableness	0.006	-0.157
Neuroticism	0.022	$-0.335^{**}$
Prestige	0.182***	0.041
OF	-0.090	0.133*
OFxPrestige	0.104	-0.090
N	2642	

Structural model. *Note*: \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001, coefficients are standardized.

## **Appendix D: Results Robustness Analysis**

		(1)	(2)	(3)
		replaced OCS	replaced SCS	replaced OCS&SCS
SCS	OCS (promotion)	-0.08		-0.32
	OCS (income)		0.00***	
	Workload	$0.01^{*}$	0.00	0.01*
	Age	0.02***	0.02***	0.03***
	Edyear	0.01	0.04**	0.07***
	WFI	-0.09***	-0.11***	-0.10***
	Firm size	-0.29***	0.20*	0.21**
	Woman	0.13	0.39**	0.20
	OF	$0.28^{*}$	0.46**	0.43**
	Prestige	0.00	$0.01^{*}$	0.02***
	Openness	-0.06***	0.13	-0.06
	Conscientiousness	0.47***	0.67***	0.72***
	Extraversion	-0.10	0.15	0.16
	Agreeableness	-0.21	0.19	0.16
	Neuroticism	-0.50***	0.23	0.16
	_cons	7.16***	4.13***	3.51***
OCS	Workload	-0.01	506.66***	-0.01
	Age	-0.05	1082.93***	-0.05
	Edyear	-0.03	3687.49***	-0.03
	WFI	0.36**	1521.60***	0.36**
	Firm size	2.80**	2953.57	2.80**
	Sex	-0.44	-22444.25***	-0.44
	OF	0.85	2501.80	0.85
	Prestige	0.03	745.22***	0.03
	Openness	-1.7	-192.02	-1.07
	Conscientiousness	-1.54*	6749.47*	-1.54*
	Extraversion	-1.32	4751.39*	-1.32
	Agreeableness	-1.84*	399.18	-1.84*
	Neuroticism	-3.62**	1418.50	-3.62**
	_cons	-11.30***	-100596.00***	-11.30***
	N	2829	2642	2829

Structural model. *Note*: \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001, coefficients are unstandardized.

## **Appendix E: Model Comparison**

		JD	JR	JDR
WFI	Night work	-0.086**	-0.086**	-0.086**
	Weekend work	$-0.145^{***}$	$-0.145^{***}$	-0.145***
	Work condition	$-0.218^{***}$	$-0.218^{***}$	-0.218***
	Age	-0.001	-0.001	-0.001
	Woman	$-0.116^{***}$	$-0.116^{***}$	-0.116***
	Prestige	$0.102^{***}$	$0.102^{***}$	0.102***
Night work	OF	$-0.075^{*}$		$-0.075^*$
	Age	0.061*	$0.063^{*}$	0.061*
	Woman	0.101***	$0.107^{***}$	0.101***
	Prestige	-0.037	-0.032	-0.037
Weekend work	OF	-0.108***		-0.108***
	Age	0.007	0.009	0.007
	Woman	0.025	0.034	0.025
	Prestige	0.034	0.042	0.034
Work condition	OF		$0.079^{**}$	0.079**
	Age	$0.175^{***}$	$0.176^{***}$	0.176***
	Woman	-0.002	0.005	0.005
	Prestige	0.055	0.061	0.061
	AIC	76 701.592	76 713.971	76 693.271
	BIC	76915.962	76922.844	76913.137
	N	1802.000	1802.000	1802.000

Structural model. *Note*: \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001, coefficients are standardized.

## **Declaration of Authorship**

Ich erkläre hiermit, dass ich diese Arbeit selbstständig verfasst und keine anderen als die angegebenen Quellen benutzt habe. Alle Koautorenschaften sowie alle Stellen, die wörtlich oder sinngemäss aus Quellen entnommen wurden, habe ich als solche gekennzeichnet. Mir ist bekannt, dass andernfalls der Senat gemäss Artikel 36 Absatz 1 Buchstabe o des Gesetzes vom 5. September 1996 über die Universität zum Entzug des aufgrund dieser Arbeit verliehenen Titels berechtigt ist.

Signed:			
Date:			
Date.			